

Swanson® Condition Specific *Formulas*

Blood Sugar Essentials with Cinnamon Extract

Dietary Supplement

90 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule three times per day with food and water.

WARNING: Consult your healthcare provider if you are using blood-thinning medications or are pregnant or nursing. Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid and ascorbyl palmitate)	67 mg 74%
Vitamin K (as phytonadione)	30 mcg 25%
Vitamin B-6 (as pyridoxine HCl)	3.3 mg 196%
Chromium (from Chromax® chromium picolinate)	67 mcg 190%

Alpha-Lipoic Acid	200 mg *
Cinnulin PF® (water soluble extract of cinnamon bark)	80 mg *
N-Acetyl Cysteine	25 mg *
Quercetin	25 mg *
Vanadium (from vanadyl AAC)	330 mcg *

*Daily Value not established.

Other ingredients: Rice flour, gelatin, microcrystalline cellulose (plant fiber), stearic acid, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com

Chromax® is a registered trademark of Nutrition 21 and is licensed under U.S. patents #5,087,623; #5,087,624; and #5,175,156.
Cinnulin PF® is a registered trademark of Integrity Nutraceuticals International.

Chromax®
nutrition products



SWC059