

Conforms to USP <2091> for weight.

No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

**Lutemax**  
LUTEIN &  
ZEAXANTHIN  
2020™ Lutemax 2020™ is a trademark of  
OmniActive Health Technologies

\*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

\*Compared to leading brands.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For more information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

ACTUAL SIZE

#### GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

#### GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Please recycle this box.



Dr. Frank J. Costa, M.D.

Frank J. Costa, M.D., an acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

*"Many men come to me with prostate and sexual health concerns. In addition to a prostate examination, I recommend saw palmetto for both prostate support and normal, healthy urinary flow." GNC Mega Men® Prostate & Virility is a complete multivitamin with ingredients to support prostate and sexual health."*

#### MEGA MEN® PROSTATE & VIRILITY

Strengthening and balancing your body's natural system is the key to optimal health. Mega Men® Prostate & Virility multivitamin is specially formulated to address important aspects of men's health including prostate, immune, reproductive and sexual health.\* Now, you can take a proactive step in supporting your overall well-being.

##### Overall Health

- Includes 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.\*
- Features powerful antioxidants including lutein and zeaxanthin to help your body defend against the damage of free radicals.\*

##### Prostate Health

- Combines saw palmetto with the powerful antioxidants selenium and lycopene to help support optimal prostate health and normal urinary flow.\*

##### Sexual Health

- Supplies L-arginine, an amino acid shown to help maintain blood vessel tone and play a role in sexual health.\*
- Includes popular herbs including maca root, horny goat weed and yohimbe bark.

Timed-release caplets provide a gradual release of vital nutrients.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**2X MORE D-3†**



# MEGA MEN® Prostate & Virility

Dietary Supplement

## CLINICALLY STUDIED MULTIVITAMIN\*

With 1,600 IU of vitamin D-3 for colon health & immune support\*

Prostate health support with saw palmetto, pygeum and lycopene\*

Sexual health support with arginine and herbal blend\*

Fights free radicals with advanced antioxidant blend\*

Timed-Release  
90 CAPLETS



CLINICALLY  
STUDIED\*

Prostate

CODE 177712

ILG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 45

| Amount Per Serving                                       | % Daily Value |
|----------------------------------------------------------|---------------|
| Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate) | 5000 IU 100%  |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate)         | 300 mg 500%   |
| Vitamin D (as Cholecalciferol D-3)                       | 1600 IU 400%  |
| Vitamin E (as Natural d-alpha Tocopheryl Acetate)        | 30 IU 100%    |
| Vitamin K (as Phytanadione)                              | 80 mcg 100%   |
| Thiamin (Vitamin B-1)(as Thiamin Mononitrate)            | 50 mg 3333%   |
| Riboflavin (Vitamin B-2)                                 | 50 mg 2941%   |
| Niacin (as Niacinamide and Niacin)                       | 50 mg 250%    |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                | 50 mg 2500%   |
| Folic Acid                                               | 400 mcg 100%  |
| Vitamin B-12 (as Cyanocobalamin)                         | 50 mcg 833%   |
| Biotin                                                   | 300 mcg 100%  |
| Pantothenic Acid (as Calcium d-Pantothenate)             | 50 mg 500%    |
| Calcium (as Calcium Carbonate)                           | 200 mg 20%    |
| Iodine (as Potassium Iodide)                             | 150 mcg 100%  |
| Magnesium (as Magnesium Oxide)                           | 100 mg 25%    |
| Zinc (as Zinc Oxide)                                     | 25 mg 167%    |
| Selenium (as L-Selenomethionine)                         | 200 mcg 286%  |
| Copper (as Cupric Oxide)                                 | 2 mg 100%     |
| Manganese (as Manganese Sulfate)                         | 2 mg 100%     |
| Chromium (as Hydrolyzed Protein Chelate)                 | 120 mcg 100%  |
| Molybdenum (as Sodium Molybdate)                         | 75 mcg 100%   |

|                                                                                                                                                                                                       |         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Prostate Blend                                                                                                                                                                                        | 200 mg  |
| Saw Palmetto Berries ( <i>Serenoa repens</i> ), Pumpkin Seed Meal ( <i>Cucurbita pepo</i> ), Pygeum africanum Bark Extract                                                                            |         |
| Virility Blend                                                                                                                                                                                        | 100 mg  |
| Yohimbe Bark Extract ( <i>Pausinystalia yohimba</i> )(2% Yohimbine alkaloids = 1 mg) Horny Goat Weed Powder ( <i>Epimedium sagittatum</i> ), Maca Root Powder ( <i>Lepidium meyenii</i> ), L-Arginine |         |
| alpha-Lipoic Acid                                                                                                                                                                                     | 25 mg   |
| Choline (as Choline Bitartrate)                                                                                                                                                                       | 10 mg   |
| Inositol                                                                                                                                                                                              | 10 mg   |
| Silica (as Silicon Dioxide)                                                                                                                                                                           | 4 mg    |
| Boron (as Hydrolyzed Protein Chelate)                                                                                                                                                                 | 2 mg    |
| Lutemax 2020™ Lutein                                                                                                                                                                                  | 950 mcg |
| Lycopene                                                                                                                                                                                              | 950 mcg |
| Zeaxanthin (as Zeaxanthin Isomers)                                                                                                                                                                    | 190 mcg |
| Astaxanthin                                                                                                                                                                                           | 50 mcg  |
| Vanadium (as Sodium Metavanadate)                                                                                                                                                                     | 10 mcg  |

\*Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

**CONTAINS: Fish and Soybeans.**

**WARNING:** Do not exceed recommended daily intake. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.