

NATROL

Directions: For optimal effect, take 2 capsules, immediately before two of your starch-containing meals.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Calcium (from Dibasic Calcium Phosphate) 190 mg	19%
Chromium (from Foodbound® Chromium) 40 mcg	33%
Sodium 20 mg	1%
Phase 2 Carb Controller® Complex (White Kidney Bean Extract (Phaseolus vulgaris, Foodbound® Chromium, Dibasic Calcium Phosphate) 1,000 mg	
*Daily Value (DV) not established.	

Other Ingredients: Gelatin, Water, Magnesium Stearate, Silica, Maltodextrin, Gum Arabic.
NO Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Artificial Colors or Flavors, Added Sugar or Preservatives.
CONTAINS Milk, Soy

NATROL

Manufactured by NATROL, Inc. Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765) www.natrol.com

ITEM: 16176-921 P: 3002141 L: 2007510-13091

YOUR LEAN IS IN THE BEAN™



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PHASE 2® WHITE KIDNEY BEAN EXTRACT
CLINICALLY TESTED TO HELP:†‡

- Promote Healthy Body Weight†
- Aid your body in stocking Fewer Carb Calories†
- Reduce the enzymatic digestion of dietary starches†

Phase 2

The trademarks Phase 2 Carb Controller® and Foodbound® are being used under license.

†For Detailed clinical studies visit: www.phase2info.com

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is intended to be used in conjunction with the Natrol® healthy, reduced-calorie diet and exercise plan on Natrol.com. Individual results will vary. Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to milk, soy or corn should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

WHITE KIDNEY BEAN

CARB INTERCEPT®

CLINICALLY TESTED†
HELPS CONTROL CARBOHYDRATES†
60 Capsules DIETARY SUPPLEMENT

CLINICALLY TESTED†

PHASE 2® WHITE KIDNEY BEAN EXTRACT
CLINICALLY TESTED TO HELP:†‡

- Promote Healthy Body Weight†
- Aid your body in stocking Fewer Carb Calories†
- Reduce the enzymatic digestion of dietary starches†

STUDIES RECOMMEND:

- From 1,000 to 3,000mg of Phase 2® White Kidney Bean; one to two doses prior to, or with eating a carb-rich meal.
- 2,000 kcal/diet per day & 30 mins. of walking (5 days per week)

Optimum results occurred between 8-12 weeks

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CONTROL IT!
WHITE KIDNEY BEAN

Phase 2® White Kidney Bean Extract is the first all-natural, non-stimulant extract clinically shown to help control carbs.†

Carb Intercept® helps control your weight when used in conjunction with a sensible diet and exercise program.†

ENERGIZE IT!
CHROMIUM

Chromium helps:

- Metabolize Fats†
- Metabolize Carbohydrates†
- Metabolize Proteins†



NATROL

WHITE KIDNEY BEAN

CARB INTERCEPT®

PHASE 2®

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HELPS CONTROL CARBOHYDRATES†
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