



SAMe (S-Adenosyl-Methionine) is an amino acid that is produced by the body for positive mood. Diet, aging and other factors may lower SAMe levels. Fortunately Natrol® SAMe helps support beneficial levels of SAMe in the body. SAMe is also beneficial for joint comfort and healthy liver function.[†]

Directions: Take 2 tablets, one time daily, with a meal.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 10

Amount Per Serving

S-Adenosyl-Methionine (SAM-e)	400 mg*
<i>(as S-Adenosyl-Methionine Disulfate Tosylate)</i>	

*Daily Value not established

Other Ingredients: Cellulose, Cellulose Gum, Methacrylate Polymer, Magnesium Stearate, Stearic Acid, Silica, Citric Acid, Ascorbic Acid, Triethyl Citrate, Colored with Riboflavin and Titanium Dioxide.

Manufactured for NATROL LLC
Chatsworth, CA 91311 • Made in USA
1 800 2-NATROL (800 262-8765) • www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Corn, Glutens, Artificial Flavors, Added Sugar, Starch or Preservatives

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

400mg Per Serving
SAMe
 NATROL

NATROL®
SAMe
 400mg Per Serving

- Helps Support Mood[†]
- SAMe Helps Support Healthy Liver Function[†]
- Promotes Joint Health[†]
- 100% Vegetarian



20 ENTERIC COATED TABLETS
DIETARY SUPPLEMENT

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs or any prescription antidepressant. Do not use this product if you have bipolar disorder (manic depression) or are pregnant or lactating.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.