

Blue Ice™ Fermented Cod Liver Oil is made in small batches with extraordinary care. We ferment livers from fish that have been exclusively wild caught in the Bering Sea/Aleutian Island regions of Alaska.

Fermentation is a natural enzymatic and microbial action that releases the oil from the livers. Our Fermented Cod Liver oil is a raw, unadulterated, whole food. There are no additives of any kind. It is routinely third-party tested for purity.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. msc.org MSC-C-55178

GREEN PASTURE™ PRODUCTS • O'NEILL, NE 68763 USA
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BLUE ICE™ FERMENTED COD LIVER OIL



Arctic Mint

DIETARY SUPPLEMENT

8 fl.oz. | 237ml



SUPPLEMENT FACTS

Serving Size: ½ tsp. (2ml)
Servings Per Container: 118

Amount Per Serving	% Daily Value*
Calories 20	
Calories From Fat 20	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Cholesterol 5mg	2%

*Percent Daily Values are based on a 2,000-calorie diet.

Fermented Cod Liver Oil contains naturally occurring vitamins A and D. The amounts of these nutrients will vary.

INGREDIENTS: Raw Fermented Cod Liver Oil, organic lemon oil, organic wintergreen oil, organic peppermint oil, organic spearmint oil.
CONTAINS: Cod (*Gadus macrocephalus* Pacific cod).

This product is processed in a facility that also processes or stores shell fish, other families of fish, tree nuts, milk products, and soy products.

STORAGE: Store in dark, cool place. Refrigerate after opening. Clouding or solidification may occur when cold.

