

BRAIN HEALTH

Clinically Proven to Improve Memory and Concentration

Cognium energizes and protects your brain to keep your mind sharp and your memory strong. Cognium is powered by Cera-Q®, a natural protein found in silkworm cocoons. Cera-Q has been proven effective in nine clinical studies on adults and children.

Safe and Stimulant Free Results in 4 Weeks

www.CogniumMind.com

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Cera-Q® is a registered trademark of Novel Ingredients
ITEM: 7230 F: 3003271 L: 2008657-17003



FOR A SHARPER MIND

Clinically Proven to Improve Memory and Concentration*

60 TABLETS
DIETARY SUPPLEMENT

Directions: Take 1 tablet in the morning and 1 tablet in the evening with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value
CERA-Q® Powder 100 mg*	
(60% Silk Protein Hydrolysate)	

* Daily Value (DV) not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Maltodextrin, Glycerol Monostearate, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Methylcellulose, Glycerin.

NS: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors. Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or if you are pregnant or lactating.

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA
1-800-2-NATROL (800-262-8765) www.natrol.com

ITEM: 7230 F: 3003271 B: 2008658-16335



How Cognium Sharpens Your Mind



ENERGIZES

Increases blood flow and nutrition to the brain's centers for memory and cognition.¹

PROTECTS

Acts like an antioxidant for your brain, shielding it from free radical damage.¹

Cognium nourishes, energizes and protects your brain to keep your mind sharp and your memory strong.¹

Cognium is powered by Cera-Q®, a natural protein from silkworm cocoons. Its unique structure allows it to work with receptors in your brain to support brain health and cognition. It has been clinically proven effective in nine human studies.¹

Safe and Stimulant Free

Proven Results

Improving Memory and Performance



Memory Recall Efficiency score increased 90% when 100 mg of Cera-Q, the protein in Cognium, was taken twice per day for three weeks. Detailed results can be found at: www.Cera-Q.com

RESULTS IN 4 WEEKS

Nine clinical studies in adults, seniors and children showed statistically significant improvements in memory and cognition in 4 weeks or less when taken as directed.

MONEY-BACK GUARANTEE

100% satisfaction guaranteed or your money back. Visit www.CogniumMind.com for details.

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FOR A SHARPER MIND

- Clinically Proven to Improve Memory and Concentration*
- Stimulant Free
- Results in 4 Weeks

MONEY BACK GUARANTEE

TRY RISK FREE

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ACTUAL SIZE