NATROL

Skin, Hair & Nails

ONLY ONE PER DAY

Clinical Strength Skin Care

Directions: Take 1 capsule, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		%DV*
Vitamin A (as Retinyl Acetate)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D3	800 IU	200%
Vitamin E (as Tocopheryl Succinate)	15 IU	50%
Vitamin B1 (as Thiamine HCl)	10 mg	667%
Vitamin B2 (Riboflavin)	10 mg	588%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1000%
Vitamin B12 (as Cyanocobalamin)	50 mcg	833%
Biotin	5,000 mcg	1667%
Zinc (from Zinc Oxide)	8 mg	53%
Copper (from Copper Sulfate)	2 mg	100%
Manganese (from Manganese Carbonate)	2 mg	100%
L-Cysteine HCl	25 mg	*
Collagen	25 mg	*
Lutein (from Marigold Flowers)	10 mg	*
Alpha Lipoic Acid	10 mg	*
Hyaluronic Acid	5 mg	*
Horsetail Extract	3 mg	*

* Daily Value (DV) are not established.

Other Ingredients: Gelatin (bovine), Rice Powder, Microcrystalline Cellulose, Silicon Dioxide, Sodium Alginate, Maltodextrin, Dicalcium Phosphate, Acacia Gum, Pea Starch, Magnesium Stearate, Corn Starch, Hydroxypropyl Methylcellulose, Sucrose, Ethylcellulose, BHT, Rosemary Extract.

Contains: Soy

Manufactured by NATROL LLC, Chatsworth, CA 91311 • USA
1-800-2-NATROL (800-262-8765) • www.natrol.com

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

NATROL

Revitalized Skin

Nourishes, hydrates & protects skin with Lutein, Collagen, Hyaluronic Acid, ALA & Vitamins A, C and E to keep skin looking younger longer.†

Strong Hair and Nails

Strengthens & enhances healthy hair and nail growth with 5000 mcg of Biotin plus Horsetail for structural support.†

Actual Size

Just One Per Day

Unlike many other hair, skin & nails products which can require up to 3 pills per serving **Natrol® Skin, Hair & Nails** provides a robust blend of beauty ingredients and exceptional value in the ease of just one pill per day.

NEW!

NATROL

Skin, Hair & Nails

Clinical Strength Skin Care

- Improves Skin Elasticity & Hydration with Lutein†
- Supports Healthy Hair & Strong Nails†
- Plus Collagen, Hyaluronic Acid & More

ONLY ONE PER DAY

60 CAPSULES DIETARY SUPPLEMENT

An Advanced Beauty Blend

Natrol® Skin, Hair & Nails contains a unique blend of ingredients known for their beauty benefits.

- **10 mg of Lutein** per day is clinically proven to improve skin elasticity and hydration†
- **5000 mcg of Biotin,** the "beauty vitamin," promotes healthy hair and strong nails†
- **Collagen and Hyaluronic Acid** help keep skin firm and hydrated†
- **ALA and Vitamins A, C and E** help protect against damage from pollution and harmful UV rays†

The science of beauty combined with natural ingredients to keep you looking and feeling your best.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.