

INSTRUCTIONS: Take 2 tablets with water 30 minutes before breakfast. Take 1-2 tablets in the afternoon 30 minutes before food.
NO: Yeast, Wheat, Gluten, Soy, Artificial Colors or Flavors.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

MANUFACTURED BY
NATROL

Chatsworth, CA 91311 • USA
 1 800 2-NATROL (800-262-8765)

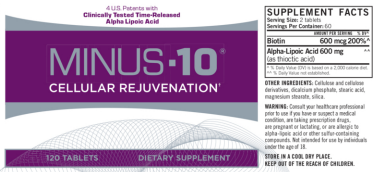
Minus-10® is a registered trademark of Medical Research Institute.

U.S. PATENT NUMBERS:

6,151,157 (B1); 6,357,340 (B1);

6,572,888 (B2); 7,115,762 (B2)

ITEM: 6142 F: 3002699 S: 2006453-15396



MINUS-10®

CELLULAR REJUVENATION®

120 TABLETS

DIETARY SUPPLEMENT

4 U.S. Patents
**Clinically Tested Time-Released
 Alpha Lipoic Acid**

SUPPLEMENT FACTS

Serving Size: 2 Tablets
 Servings Per Container: 60

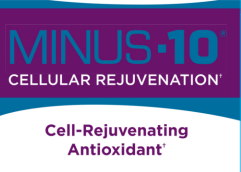
	AMOUNT PER SERVING	% DAILY VALUE
Biotin	600 mcg	200% ^{**}
Alpha-Lipoic Acid 600 mg (as thioctic acid)	600 mg	100% ^{**}

^{**} % Daily Value (DV) is based on a 2,000 calorie diet.
^{**} % Daily Value not established.

OTHER INGREDIENTS: Cellulose and cellulose derivatives, dicalcium phosphate, stearic acid, magnesium stearate, silica.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, are pregnant or lactating, or are allergic to alpha-lipoic acid or other sulfur-containing compounds. Not intended for use by individuals under the age of 18.

STORE IN A COOL, DRY PLACE.
 KEEP OUT OF THE REACH OF CHILDREN.



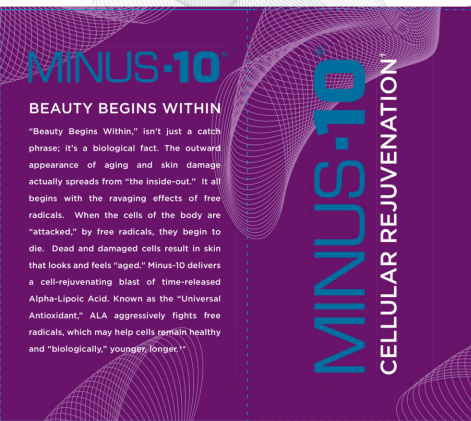
MINUS-10®

CELLULAR REJUVENATION®

**Cell-Rejuvenating
 Antioxidant®**



ITEM: 6142 F: 3002699 B: 2007020-12138



MINUS-10®

BEAUTY BEGINS WITHIN

"Beauty Begins Within," isn't just a catch phrase; it's a biological fact. The outward appearance of aging and skin damage actually spreads from "the inside-out." It all begins with the ravaging effects of free radicals. When the cells of the body are "attacked," by free radicals, they begin to die. Dead and damaged cells result in skin that looks and feels "aged." Minus-10 delivers a cell-rejuvenating blast of time-released Alpha-Lipoic Acid. Known as the "Universal Antioxidant," ALA aggressively fights free radicals, which may help cells remain healthy and "biologically," younger, longer.*

MINUS-10®

CELLULAR REJUVENATION®



4 U.S. Patents with
**Clinically Tested Time-Released
 Alpha Lipoic Acid**

MINUS-10®

CELLULAR REJUVENATION®

Helps Fight Skin Aging**

**Promotes Collagen Synthesis For
 Glowing Radiant Skin****

**Universal Antioxidant Promoting
 Younger, More Resilient Skin****

**Healthy Hair And Strong Nail
 Support With Biotin†**

NATROL

120 TABLETS

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 tablets
 Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Biotin	600 mcg	200
Alpha-Lipoic Acid 600 mg (as thioctic acid)	600 mg	100

^{**} % Daily Value not established.

OTHER INGREDIENTS: Cellulose and cellulose derivatives, dicalcium phosphate, stearic acid, magnesium stearate, silica.

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 Natrol, Inc., Chatsworth, CA 91311 • USA
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Minus-10® is a registered trademark of Medical Research Institute.

U.S. PATENT NUMBERS: 6,351,342 (B1); 6,367,340 (B1); 6,572,888 (B2); 7,115,762 (B2)

*Evolving laboratory research suggests ALA may help fight skin aging and promote collagen synthesis while biotin helps maintain skin cell renewal.

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