

Suggested Usage: Take 2 capsules 1 to 2 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks.

Apple Pectin is a water soluble fiber which has a gel-forming effect when mixed with water. As a dietary fiber, Apple Pectin may be helpful in supporting good intestinal health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 6425B V6



Apple Pectin

700 mg

Intestinal Support*

Dietary Fiber

120 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	1 g	4%*
Total Sugars	< 1 g	†
Apple Pectin Powder	1.4 g (1,400 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Cellulose (capsule) and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

