

For more information, please visit integrativepro.com

Recommendation: Take 2 tablets three times daily, with meals or as recommended by your healthcare professional.

†Chelated as citrate, fumarate, malate, succinate, and alpha ketoglutarate.

Contains no sugar, salt, yeast, wheat, gluten, artificial colors, flavors or preservatives.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



PRENATAL FORTÉ

180 TABLETS

DIETARY SUPPLEMENT

Supplement Facts			Serving Size 2 tablets	Servings per container 90
	%DV for Pregnant/ Lactating Women			%DV for Pregnant/ Lactating Women
Calories	5	Zinc (as zinc picolinate)	8 mg	53%
Total Carbohydrate	<1 g <1%†	Selenium (as L-selenomethionine)	34 mcg	49%
Dietary Fiber	<1 g 3%†	Copper (as copper gluconate)	1 mg	50%
Vitamin A (as beta carotene)	3,334 IU 42%	Manganese (as manganese citrate)	4 mg	200%
Vitamin C (as calcium ascorbate)	166 mg 277%	Potassium (as potassium citrate)	32 mg	1%
Vitamin D (as cholecalciferol)	132 IU 33%	Hesperidin 50% (from citrus fruits)	70 mg	**
Vitamin E (as d-alpha tocopheryl acid succinate)	132 IU 440%	L-Glutamic Acid HCl	34 mg	**
Vitamin K (as phytonadione)	10 mcg 12%	Soy Lecithin	34 mg	**
Thiamin (as thiamin HCl) (vitamin B1)	8 mg 471%	Alfalfa (<i>Medicago sativa</i>) Aerial Part	24 mg	**
Riboflavin (vitamin B2)	8 mg 400%	Raspberry (<i>Rubus idaeus</i>) Leaf	24 mg	**
Niacin (as niacinamide)	8 mg 40%	Yellow Dock (<i>Rumex crispus</i>) Root	24 mg	**
Vitamin B6 (as pyridoxine HCl)	16 mg 640%	Cranberry (<i>Vaccinium macrocarpon</i>) Fruit	16 mg	**
Folic Acid	266 mcg 33%	Stinging Nettle (<i>Urtica dioica</i>) Leaf Extract	16 mg	**
Vitamin B12 (as cyanocobalamin)	50 mcg 625%	Choline (as choline bitartrate)	8 mg	**
Biotin	100 mcg 33%	Inositol	8 mg	**
Pantothenic Acid (as calcium D-pantothenate)	16 mg 160%	<i>Lactobacillus acidophilus</i> (milk)	8 mg	**
Calcium (as calcium carbonate, citrate, and ascorbate)	400 mg 31%	Japanese Sophora (<i>Sophora japonica</i>) Flower Bud Extract standardized to contain 80% rutin (quercetin rutinoside)	4 mg	**
Iron (as ferrous succinate)	16 mg 89%	Boron (as boron Krebs cycle chelates)†	84 mcg	**
Iodine (as potassium iodide)	50 mcg 33%	†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.		
Magnesium (as magnesium citrate and oxide)	200 mg 44%			

Other ingredients: cellulose, modified cellulose gum, stearic acid, modified cellulose, magnesium stearate, silicon dioxide, soy lecithin, vegetable glycerin, carnauba wax
Contains soy and milk.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Caution: If taking prescription drugs, or have a history of kidney stones, consult your healthcare professional prior to use.