

SOURCE NATURALS®



DIETARY SUPPLEMENT

ATHLETIC SERIES

TRIATHLETE™

40 TABLETS

Supplement Facts
Serving Size 4 Tablets
Servings Per Container 10

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	1 g	<1%*
Vitamin A (as <i>beta</i> -carotene)	1470 IU	29%
Vitamin C (from zinc & sodium ascorbate)	286 mg	5%
Vitamin E (as d- <i>alpha</i> tocopheryl succinate)	20 IU	67%
Thiamin (vitamin B-1)	25 mg	1,667%
Riboflavin (vitamin B-2)	10 mg	588%
Niacin 25 mg & Niacinamide 10 mg	35 mg	175%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1,250%
Vitamin B-12 (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium D-pantothenate)	80 mg	800%
Calcium (as calcium carbonate)	50 mg	5%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc ascorbate)	18 mg	120%
Selenium (as sodium selenite)	20 mcg	29%
Chromium (as chromium polynicotinate [ChromelMate®])	25 mcg	21%
Sodium	35 mg	1%
Potassium (as potassium citrate)	99 mg	3%
Inosine	300 mg	†
Bee Pollen	250 mg	†
Spirulina	120 mg	†
Lecithin (95% phospholipids)	90 mg	†

PABA (para-aminobenzoic acid)	40 mg	†
DMAE (from bitartrate)	40 mg	†
Inositol	25 mg	†
Choline (as choline bitartrate)	20 mg	†
<i>trans</i> -Ferulic Acid	15 mg	†
Octacosanol	1 mg	†

Proprietary Herb Blend: 1.2 g †
Fo-Ti Root, Chinese Dodder Seed, Eleuthero Root, Tienchi Ginseng Root, Gotu Kola Aerial Parts, Codonopsis Root, Bai-Zhu Atractylodes Rhizome, Ginger Root, Barley Grass, Wheat Grass, Schisandra Fruit, Astragalus Root, Asian Ginseng Root Extract, Cayenne Fruit, and Licorice Root.

Proprietary Amino Acid Blend: 1.2 g †
L-Glutamic Acid, L-Lysine HCl, L-Ornithine HCl, L-Tyrosine, L-Leucine, L-Aspartic Acid, L-Alanine, L-Glutamine, Glycine, L-Threonine, L-Methionine, L-Valine, L-Serine, L-Proline, L-Isoleucine, L-Histidine, L-Arginine, L-Cysteine HCl, Taurine, L-Cystine, L-Citrulline, and L-Carnitine Fumarate.

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

Contains soy.

Suggested Use: 4 to 8 tablets on an empty stomach, 45 minutes before workouts or athletic activity.

WARNING: Bee products may cause an allergic reaction in some people. To test before consuming, place one tablet on the tongue for several minutes. Discontinue use and consult a health care professional if an allergic reaction occurs. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing.

SN0024 REV C161-D (49)

Manufactured for:
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