



PHASE 2® WHITE KIDNEY BEAN EXTRACT CLINICALLY TESTED TO HELP:†

- Promote Healthy Body Weight¹
- Aid your body in stocking Fewer Carb Calories²
- Reduce the enzymatic digestion of dietary starches¹

Phase 2 The trademarks Phase 2 Carb Controller® and Foodbound® are being used under license.
#For Detailed clinical studies visit: www.phase2info.com

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
This product is intended to be used in conjunction with the Natrol® healthy, reduced-calorie diet and exercise plan on Natrol.com. Individual results will vary. Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to milk, soy, corn or barley should consult their healthcare professional before taking this product.
STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

100%
VEGETARIAN!

NATROL

WHITE KIDNEY BEAN CARB INTERCEPT®

CLINICALLY TESTED†
HELPS CONTROL CARBOHYDRATES¹
120 DIETARY
Vegetarian Capsules Supplement

Directions: For optimal effect, take 2 capsules, immediately before two of your starch-containing meals.

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60	
Amount Per Serving	%DV*
Calcium (from Dibasic Calcium Phosphate) 190 mg	19%*
Chromium (from Foodbound® Chromium) 40 mcg	33%*
Sodium 20 mg	1%*
Phase 2 Carb Controller® Complex 1,000 mg	**
(White Kidney Bean Extract (Phaseolus vulgaris), Foodbound® Chromium, Dibasic Calcium Phosphate)	
Percent Daily Values (DV) are based on a 2,000 Calorie Diet. *Daily Value not established.	

Other Ingredients: Hypromellose, Magnesium Stearate, Silica, Maltodextrin, Gum Arabic.
CONTAINS Milk, Soy.
NO Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Artificial Colors or Flavors, Added Sugar or Preservatives.
100% VEGETARIAN

NATROL

Manufactured by NATROL LLC, Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-6765) www.natrol.com

ITEM: 4291.931 F: 3003222 L: 2008350-15211

CARB INTERCEPT® YOUR LEAN IS IN THE BEAN®



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LOT#P:

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STUDIES RECOMMEND:

- From 1,000 to 3,000mg of Phase 2® White Kidney Bean; one to two doses prior to, or with eating a carb-rich meal.
- 2,000 kcal/diet per day & 30 mins. of walking (5 days per week)

Optimum results occurred between 8-12 weeks



ENERGIZE IT! CHROMIUM

Chromium helps:

- Metabolize Fats¹
- Metabolize Carbohydrates¹
- Metabolize Proteins¹



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