

Natrol Complete Balance™ PM
Formula helps reduce night
sweats and assists in getting a
good night's rest.†

Warning: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Do not take when operating machinery or driving a vehicle. People with allergies to soy or corn should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

†This statement has not been evaluated by the
Food and Drug Administration. This product is not
intended to diagnose, treat, cure or prevent any disease.

Hormone-Free

ITEM: 3001.905

F: 3000156

L: 2007934-15078



Directions: Take 1 capsule from PM bottle
half an hour before sleeping.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% DV
Calcium (from Calcium Carbonate)	175 mg	18%
Soy Extract (<i>Glycine max</i>) (soy germ)	62 mg	*
Soy Isoflavones	25 mg	*
Melatonin	1 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Purified Water,
Magnesium Stearate, Maltodextrin, Acacia Gum.

Contains Soy

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LOT/EXP: