

Natrol® Omega-3 Flaxseed Oil is a natural source of Alpha Linolenic Acid, an omega-3 fatty acid that may help support cardiovascular health. Omega-3 Flaxseed Oil is derived from the seeds of the flax plant and is a natural plant source of essential fatty acids that play a critical role in the health of all cells in the body, as well as help promote healthy skin and hair.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE AT 59 TO 86 °F (15-30 °C) AND RELATIVE HUMIDITY LESS THAN 50%. KEEP OUT OF REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 971.911 F: 3000052 L: 2008165-14317



NATROL®

Omega-3 Flaxseed Oil

1000 mg

- Supports Cardiovascular Health[†]
- Vegetable-Source Omega-3
- Gluten Free

120 SOFTGELS
DIETARY SUPPLEMENT



Directions: Take 1 softgel, two to three times daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 120

Amount Per Serving		%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	0.5 g	**
Flaxseed Oil (<i>Linum usitatissimum</i>)	1,000 mg	**
ALA (Alpha Linolenic Acid)	500 mg	**
Oleic Acid	150 mg	**
Linoleic Acid	120 mg	**
Palmitic Acid	40 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Purified Water.

Manufactured for NATROL, Inc.

Chatsworth, CA 91311 • USA

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www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Corn, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: