

^ Made in Canada from domestic and imported ingredients.

v404.04 CFA # 3593



Supplement facts

Serving size 1 tsp. (5 ml) / Servings per container 40

Amount	Per 1 tsp.	Per 2 tsp.	%Daily value*
Calories	40	80	
Calories from fat	40	80	
Fat	4.5 g	9.0 g	7%*
Saturated	0.5 g	1.0 g	3%*
+ Trans	0 g	0 g	
Polyunsaturated	2.0 g	4.0 g	
Monounsaturated	2.0 g	3.5 g	
Cholesterol	<2.5 mg	<5 mg	<1%*
SDA (stearidonic acid)	275 mg†	550 mg†	
DHA (docosahexaenoic acid)	200 mg†	400 mg†	
GLA (gamma linolenic acid)	210 mg	420 mg	

* Based on 1 tsp. serving. † Daily value not established.

* Percent daily value is based on a 2000 calorie diet.

Ingredients: echium oil (*Echium plantagineum*), sunflower oil, algal oil (*Schizochytrium* sp.), flavoring, tocopherols (derived from non-GMO soy), lecithin (from sunflower oil), ascorbyl palmitate, rosemary extract, green tea extract.

Produced in a facility that processes fish oil.

NutraVege™ Omega-3 Plant Sourced



400 mg
DHA per 2 tsp.
+550 mg SDA

Juicy Citrus Flavor

200 ml (6.8 fl. oz.) Liquid | Echium & algal oil supplement

A more complete
omega-3 than flax

Balanced vegetarian formula

The benefits of fish oil, without the fish

Clean, Light Taste

Delicious – and vegetarian friendly!

Guaranteed Pure

View results online at purecheck.net



Made with love by Ascenta Health Ltd. +

Nova Scotia, Canada B3B 0A6 1.866.224.1775

Directions:

Adults and adolescents 14 years and older take 2 tsp. daily. Children 2 – 13 years take 1 tsp. daily.

After opening, refrigerate and consume within 100 days. Do not use if safety seal is broken or missing.

Healthy you, healthy planet

Made with 100% renewable energy.



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