

Natrol Complete Balance™ AM

Formula helps alleviate hot flashes and provides mood support.*

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs. Do not use this product if you have or have a history of liver problems and/or disease or frequently use alcoholic beverages. Do not exceed recommended dose. Discontinue use and consult your healthcare professional if unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin occur. Not for use by individuals under 18 years of age or pregnant or lactating. People with allergies to soy or corn should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Hormone-Free

ITEM: 3001.904 F: 3000155 L: 2079933-15078

Natrol Complete Balance™ PM

Formula helps reduce night sweats and assists in getting a good night's rest.*

Warning: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Do not take when operating machinery or driving a vehicle. People with allergies to soy or corn should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

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Hormone-Free

ITEM: 3001.905 F: 3000156 L: 2079934-15078

Natural Daytime & Nighttime

Hormonal Balance*



AM FORMULA

helps alleviate hot flashes and provides mood support.*

Directions: Take 1 capsule from AM bottle in the morning.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Vitamin B1 (from Thiamine Hydrochloride)	3 mg 200%
Vitamin B2 (Riboflavin)	3.4 mg 200%
Vitamin B6 (from Pyridoxine Hydrochloride)	4 mg 200%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	12 mcg 200%
Calcium (from Calcium Carbonate)	125 mg 13%
Soy Extract (Glycine max) (soy germ)	62 mg *
Soy Isoflavones	25 mg *
Black Cohosh (Actinidia racemosa) Extract (rhizome)	40 mg *
Terpene Glycosides	1 mg *

Other Ingredients: Gelatin, Purified Water, Magnesium Stearate, Maltodextrin, Dibasic Calcium Phosphate, Acacia Gum.

Contains Soy

Manufactured by NATROL LLC • Chatsworth, CA 91311
1 800 2-NATROL (800 262-8765) • www.natrol.com

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PM FORMULA

helps reduce night sweats and assists in getting a good night's rest.*

Directions: Take 1 capsule from PM bottle in the evening.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Calcium (from Calcium Carbonate)	175 mg 18%
Soy Extract (Glycine max) (soy germ)	62 mg *
Soy Isoflavones	25 mg *
Melatonin	1 mg *

Other Ingredients: Gelatin, Purified Water, Magnesium Stearate, Maltodextrin, Acacia Gum.

Contains Soy

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AM FORMULA



- Hot Flashes*
- Mood*

NATROL Complete Balance™

for Menopause

With SOY, CALCIUM & BLACK COHOSH

AM
Relieves
Hot Flashes*



PM
A Good
Night's Rest*

PM FORMULA



- Night Sweats*
- Sleep*

DIETARY
SUPPLEMENT



Actual Size

TWO 30
CAPSULE BOTTLES
(Total 60 Capsules)

ITEM: 3001 B: 3007911-15078



Natural Daytime & Nighttime Hormonal Balance*

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NATROL
Chatsworth, CA 91311
www.natrol.com
1 800 2-NATROL (800 262-8765)

Directions: Take 1 capsule from AM bottle in the morning.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Vitamin B1 (from Thiamine Hydrochloride)	3 mg 200%
Vitamin B2 (Riboflavin)	3.4 mg 200%
Vitamin B6 (from Pyridoxine Hydrochloride)	4 mg 200%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	12 mcg 200%
Calcium (from Calcium Carbonate)	125 mg 13%
Soy Extract (Glycine max) (soy germ)	62 mg *
Soy Isoflavones	25 mg *
Black Cohosh (Actinidia racemosa) Extract (rhizome)	40 mg *
Terpene Glycosides	1 mg *

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Purified Water, Magnesium Stearate, Maltodextrin, Dibasic Calcium Phosphate, Acacia Gum.

Contains Soy

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LOT#EP:

Directions: Take 1 capsule from PM bottle half an hour before sleeping.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Calcium (from Calcium Carbonate)	175 mg 18%
Soy Extract (Glycine max) (soy germ)	62 mg *
Soy Isoflavones	25 mg *
Melatonin	1 mg *

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Purified Water, Magnesium Stearate, Maltodextrin, Acacia Gum.

Contains Soy

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LOT#EP: