DIRECTIONS: For kids ages 4 to 12 years old. chew one gummy per day. For 13 years and older, chew up to four gummies daily.

FOR BEST RESULTS, divide your daily amount of Natural Vitality's Calm Gummies into two servings, taken with or without food. During times of stress or heavy physical activity your body may need more magnesium. A good gauge of the optimal amount is when bowels are comfortably loose.

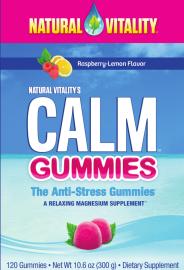
NOTE: Not recommended for children under four due to choking hazard. For pregnant or lactating women, or if you have kidney problems, an obstructed bowel or are currently on medication. consult with your doctor.

Multi-award-winning Natural Vitality's Calm, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market, according to supermarket scanner reports. (SPINS 2017)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Keep out of reach of children

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Supplement Facts

Serving Size 1 Gummy 4 Gummies Servings per Container 120 30

Ages 4 through 12 Ages 13 and Ahove Amount Per Serving % DV Amount Per Serving % DV Colorige 2%* Total Carbohydrate 1.5 a <1%* 6 a Total Sugars 3 a <2%* 3 п 6%* Includes 0.8 a Added Sugar (per gummy) Magnesium 83 ma 20%* 330 ma 79%*

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other ingredients: Organic tapioca syrup, water, inulin, organic cane sugar, agar, organic locust bean gum, organic natural lemon flavor, organic natural raspberry flavor with other natural flavors, color (black carrot), citric acid.

Contains no dairy, egg, soy, wheat, preservatives or artificial color or flavor. Cruelty-free.

VEGAN • GLUTEN-FREE

(as magnesium citrate)

Manufactured for: NATURAL VITALITY In Sunrise, FL 33323 Oustomer Service: 866-416-9216 www.naturalvitality.com



[Product No. 3984.0001] BPA-free bottle