

For more information, please visit [integrativepro.com](http://integrativepro.com).

**Recommendation:** Take 1 tablet daily or as recommended by your healthcare professional.

If pregnant, nursing, or taking prescription drugs, consult your healthcare professional prior to use.

Contains no sugar, salt, yeast, wheat, soy, gluten, dairy products, artificial flavors, colors or preservatives.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

  
INTEGRATIVE  
THERAPEUTICS®

## TOTAL FORMULA 3

WITHOUT IRON

60 TABLETS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV	Amount per tablet	%DV
Vitamin A (from beta-carotene and retinyl acetate)	10,000 IU 200%	Magnesium (as magnesium trisilicate and ascorbate)	102 mg 26%
Vitamin C (from magnesium ascorbate)	296 mg 493%	Zinc (as zinc citrate dihydrate)	30 mg 200%
Vitamin D (as cholecalciferol)	400 IU 100%	Selenium (L-selenomethionine)	25 mcg 36%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU 100%	Copper (as copper bisglycinate chelate)	2 mg 100%
Vitamin K (as phytonadione)	70 mcg 88%	Manganese (as manganese bisglycinate chelate)	2 mg 100%
Thiamin (as thiamin mononitrate)	15 mg 1,000%	Molybdenum (as molybdenum glycinate chelate)	100 mcg 133%
Riboflavin	15 mg 882%	Potassium (as potassium citrate)	25 mg <1%
Niacin (as niacinamide)	25 mg 125%	Choline (as choline bitartrate)	10 mg **
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%	Citrus Bioflavonoids Complex	10 mg **
Folic Acid	400 mcg 100%	Hesperidin Complex (from bitter orange [ <i>Citrus aurantium</i> ])	10 mg **
Vitamin B12 (as cyanocobalamin)	25 mcg 417%	Inositol	10 mg **
Biotin	300 mcg 100%	Rutin ( <i>Sophora japonica</i> )	10 mg **
Pantothenic Acid (as calcium D-pantothenate)	25 mg 250%	Boron (as sodium borate)	1 mg **
Calcium (as calcium carbonate, calcium citrate, and dicalcium phosphate)	100 mg 10%	Vanadium (as vanadyl sulfate)	25 mcg **
Iodine (as potassium iodide)	100 mcg 67%		

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, modified cellulose gum, stearic acid, modified cellulose, silicon dioxide, magnesium stearate, glycerin