

For more information, please visit integrativepro.com.

Warning: Do not use if sensitive to caffeine. Not recommended for use by pregnant or nursing women or by children under 18 years of age. If taking prescription drugs, consult your healthcare professional prior to use.

Container is filled by net weight, not volume; some settling may occur.

Contains no salt, yeast, wheat grain, gluten, soy, dairy products, artificial colors, flavors, preservatives or ingredients of animal origin.

©2017 INTEGRATIVE THERAPEUTICS, LLC
GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

◆ LZ176002.B01 RM22.355B



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



PURE HARVEST™ GREENS

LIVING FOOD SUPPLEMENT

ELDERBERRY FLAVORED

DRINK MIX
NET WT 14.8 OUNCES (420 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size approx. 2 teaspoons (tsp) (7.0 g)

Servings per container 60

Amount per approx. 2 teaspoons %DV

Calories	20	
Total Carbohydrate	5 g	2%†
Sugars	<1 g	**
Dietary Fiber	2 g	8%†
Protein	<1 g	1%†
Fiber Blend: inulin and fructo-oligosaccharides (FOS) from chicory root (2.04 g), guar gum seed extract (80 mg)	2.12 g	**
Greens Blend: broccoli sprouts (700 mg), radish sprouts (640 mg), alfalfa sprouts (200 mg), barley grass (50 mg), oat grass (50 mg), wheat grass (50 mg), alfalfa juice concentrate (10 mg)	1.7 g	**
European Elder Berry Concentrate	231 mg	**

Amount per approx. 2 teaspoons %DV

Vegetable Blend: broccoli (28.62 mg), cabbage leaf (28.62 mg), carrot (28.62 mg), collard greens (28.62 mg), radish sprouts (28.62 mg), tomato (28.62 mg), mustard greens (21.68 mg), kale (14.3 mg), spinach (14.3 mg)	222 mg	**
Algae and Seaweed Blend: blue-green algae (<i>Aphanizomenon flos-aquae</i>) (whole plant) (30 mg), dulse (<i>Palmaria palmata</i>) whole plant (30 mg)	60 mg	**
Green Tea Leaf Extract	50 mg	**
Stevia Leaf Extract	45 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: natural flavors, malic acid, silicon dioxide
Recommendation: May be taken 1-2 times daily. Mix approx. 2 teaspoons (7.0 g) with 8-12 ounces of water, your favorite beverage, smoothie or yogurt, or as recommended by your healthcare professional. Stir briskly or shake in a closed container until mixed. Best if consumed within 30 minutes of preparation.