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MEGA MULTIVITAMIN POWDER MIX

BERRY FLAVORED

DRINK MIX
NET WT 22.4 OZ (636 G)

DIETARY SUPPLEMENT

Contains no yeast, wheat, gluten, artificial flavors
or preservatives.

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GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

◆ L2176001.E02 RM22.651E



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 level scoop (21.2 g)
Servings per container 30

	Amount per 1 level scoop	%DV for age 4 to 12 years	%DV for age 2 to <4 years
Calories	70		
Calories from fat	5		
Total Fat	0.5 g	<1%†	**
Cholesterol	15 mg	5%†	**
Total Carbohydrate	8 g	3%†	**
Dietary Fiber	<1 g	4%†	**
Sugars	1 g	**	**
Protein	6 g	12%†	**
Vitamin A (as beta carotene and as retinyl acetate)	7,000 IU	140%	280%
Vitamin C (ascorbic acid)	750 mg	1,250%	1,875%
Vitamin D (as cholecalciferol)	600 IU	150%	150%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU	333%	1,000%
Thiamin (vitamin B1)	3.7 mg	247%	529%
Riboflavin (vitamin B2)	4.2 mg	247%	525%
Niacin (as niacinamide)	50 mg	250%	556%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%	714%
Folic Acid	800 mcg	200%	400%
Vitamin B12 (as cyanocobalamin)	15 mcg	250%	500%
Biotin	750 mcg	250%	500%

	Amount per 1 level scoop	%DV for age 4 to 12 years	%DV for age 2 to <4 years
Pantothenic Acid (as calcium D-pantothenate)	25 mg	250%	500%
Calcium (as calcium lactate)	500 mg	50%	63%
Iodine (as potassium iodide)	150 mcg	100%	214%
Magnesium (as magnesium glycinate)	200 mg	50%	100%
Zinc (as zinc sulfate)	15 mg	100%	188%
Selenium (as L-selenomethionine)	200 mcg	286%	**
Copper (as copper gluconate)	250 mcg	13%	25%
Manganese (as manganese citrate)	4 mg	200%	**
Molybdenum (as sodium molybdate)	250 mcg	333%	**
Sodium	20 mg	<1%	**
Potassium (from whey protein, potassium citrate, potassium iodide)	50 mg	1%	**
Whey Protein (milk)	7.5 g	**	**
Malic Acid	900 mg	**	**
Betaine	750 mg	**	**
Inositol	750 mg	**	**
Inulin (from chicory root)	750 mg	**	**
Taurine	500 mg	**	**
Glycine	390 mg	**	**
L-Tyrosine	377 mg	**	**
N-Acetylcysteine (NAC)	250 mg	**	**
L-Serine	240 mg	**	**
Rutin (from <i>Sophora japonica</i>) Flower Bud Extract	120 mg	**	**

	Amount per 1 level scoop	%DV for age 4 to 12 years	%DV for age 2 to <4 years
Stevia (<i>Stevia rebaudiana</i>) Leaf Extract	55 mg	**	**
Sweet Cherry (<i>Prunus avium</i>) Fruit	50 mg	**	**
Cranberry (<i>Vaccinium macrocarpon</i>) Fruit	25 mg	**	**
Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract	10 mg	**	**
Boron (as sodium borate)	2 mg	**	**
Lutein (from Aztec Marigold)	1.5 mg	**	**
Zeaxanthin	75 mcg	**	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: natural flavors, soy lecithin, radish root extract color, xanthan gum
Contains milk and soy.

Recommendations:

Adults: Mix one level scoop (21.2 g) daily with 8-10 ounces of cold water;
Children age 4-12: Mix one-half scoop (10.6 g) daily with 4 to 5 ounces of cold
water; **Children age 2-<4:** Mix 3/4 level teaspoon (2.1 g) daily with 2 ounces of
cold water, or as recommended by your healthcare professional.
Mix well for 30 seconds. Drink within 30 minutes of preparation.

If pregnant, nursing, or taking prescription drugs, consult your healthcare professional
prior to use.

Caution: This product contains the amino acid phenylalanine. If pregnant, nursing or
taking prescription drugs, consult your healthcare professional prior to use.

Container is filled by weight, not volume; some settling may occur.