

DESCRIPTION: CitraNatal Bloom™ is a prescription prenatal/postnatal multi-vitamin/mineral tablet with Fer-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron. CitraNatal Bloom is a green, modified rectangle shaped, film-coated tablet, debossed with "CB" on one side and blank on the other.

Each prenatal tablet contains:

Iron (Carbonyl iron, ferrous gluconate).....	90 mg
Folic Acid	1 mg
Vitamin B ₁₂ (Cyanocobalamin)	12 mcg
Vitamin C (Ascorbic acid)	120 mg
Docusate sodium	50 mg

Inactive Ingredients: Povidone, croscarmellose sodium, acrylic resin, color added, FD&C Yellow No. 5, magnesium stearate, magnesium silicate, FD&C Blue No. 1, polyethylene glycol, vitamin A palmitate, ethyl vanillin.

INDICATIONS: CitraNatal Bloom is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of **iron-containing** products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One tablet daily or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C (between 59°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Bottles of 30 tablets each – NDC 0178-0813-30.

To report a serious adverse event or obtain product information, call (800) 298-1087.

citr natal.com



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30 COATED TABLETS
In Child-Resistant Packaging

CitraNatal **BLOOM™**
Rx Prenatal Supplement Tablet

BLANK

NDC 0178-0813-30

Rx Only