

100% Daily Value of **8 B-Vitamins**
Made with **Non-GMO Vegetable Protein**

Vanilla
Natural Flavor



Orchard Fruits™
Blend (250 mg)[‡]

Alive!

Protein

COMPLETE SHAKE

23g
Total Protein
as prepared with 1 cup
nonfat milk

24
**Vitamins &
Minerals**

NO ADDED SUGAR • 10 SERVINGS • NET WEIGHT 0.52 LB (240g)

[‡]250 MG FRUIT POWDER BLEND PER SERVING. NOTICE: FOR WEIGHT REDUCTION, USE ONLY AS DIRECTED IN THE ACCOMPANYING DIET PLAN FOUND AT DIET.FEELALIVE.COM. DO NOT USE IN DIETS SUPPLYING LESS THAN 400 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

Easy Anytime Snack – Just Mix into Water or Milk



Alive!

Protein

- **Complete Shake**
with 24 vitamins and minerals
to help fortify your daily nutrition.
- **Vegetable Protein**
15g of non-GMO, plant-based protein
per scoop. Add to 1 cup of nonfat milk
to get 23g of total protein.
- **High Potency B-Vitamins**
with 100% daily value to help your
body convert food to energy.
- **Orchard Fruits™ Blend[‡]**
with apple, orange, blueberry and
strawberry fruit.
- **No Sugar Added**
to help you manage calories.
- **Easy to Prepare**



Shake
with cold
water or milk

OR Blend
with fruit
or yogurt



[‡]250 mg per fruit powder blend per serving

Recommended Use: Combine 1 scoop with 8 oz. of cold water, nonfat milk or non-dairy milk (almond, rice, soy or coconut). Mix well in a shaker or blender. Customize by adding fruit, yogurt or other mix-ins. Scoop included.

Nutrition Facts

Serving Size 1 Scoop (24g)
Servings per Container 10

Amount per Serving	Mix	with 1 Cup Nonfat Milk
Calories	90	170
Calories from Fat	10	15

		% Daily Value**
Total Fat 1.5g*, 1.5g†	2%	2%
Saturated Fat 0g, 0g	0%	0%
Trans Fat 0g, 0g		

Cholesterol 0mg, 5mg	0%	2%
Sodium 300mg, 400mg	13%	17%
Potassium 10mg, 390mg	0%	11%
Total Carb. 3g, 15g	1%	5%
Dietary Fiber 2g, 2g	8%	8%
Sugars 1g, 13g		

Protein 15g, 23g	30%	46%
Vitamin A	25%	35%
Vitamin C	50%	50%
Calcium	25%	50%
Iron	15%	15%
Vitamin D	25%	50%
Vitamin E	25%	25%
Vitamin K	25%	25%
Thiamin (B1)	100%	110%
Riboflavin (B2)	100%	130%
Niacin (B3)	100%	100%
Vitamin B6	100%	100%
Folic Acid (B9)	100%	100%
Vitamin B12	100%	120%
Biotin (B7)	100%	100%
Pantothenic Acid (B5)	100%	100%
Phosphorus	10%	35%

Amount per Serving	% Daily Value**
Iodine	25% 60%
Magnesium	25% 30%
Zinc	25% 30%
Selenium	25% 25%
Copper	25% 25%
Manganese	25% 25%
Molybdenum	25% 25%
Chloride	6% 6%

*Amount in Mix, †As Prepared.
**Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PEA PROTEIN ISOLATE, SOY PROTEIN ISOLATE, NATURAL VANILLA FLAVORS (MILK), VITAMIN AND MINERAL BLEND (MAGNESIUM CITRATE, TRICALCIUM PHOSPHATE AND 2% OR LESS OF EACH OF THE FOLLOWING: BIOTIN, ASCORBIC ACID (VITAMIN C), ZINC GLUCONATE, NIACINAMIDE (VITAMIN B3), DL-ALPHA TOCOPHERYL ACETATE (VITAMIN E), FERROUS FUMARATE, CALCIUM PANTOTHENATE (VITAMIN B5), VITAMIN A PALMITATE, COPPER GLUCONATE, L-SELENOMETHIONINE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), PHYLLLOQUINONE (VITAMIN K), THIAMINE HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), MANGANESE SULFATE, CHOLECALCIFEROL (VITAMIN D), CYANOCOBALAMIN (VITAMIN B12), FOLIC ACID, POTASSIUM IODIDE, SODIUM MOLYBDATE DIOXIDE, SALT, ORCHARD FRUITS™ POWDER BLEND* (APPLE FRUIT POWDER, ORANGE JUICE FRUIT POWDER, BLUEBERRY FRUIT POWDER, STRAWBERRY JUICE FRUIT POWDER), XANTHAN GUM, ACESULFAME POTASSIUM, SUCRALOSE, SILICON DIOXIDE.

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GLUTEN FREE. No yeast, wheat, eggs, peanuts, tree nuts, fish, shellfish, artificial colors or preservatives.
Contains milk and soy.



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