

Men's Daily Wellness™

Total Health
Support*

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as acetate and beta carotene)	2500 IU 50%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin C (as ascorbic acid)	60 mg 100%	Magnesium (as magnesium oxide)	50 mg 13%
Vitamin D3 (as cholecalciferol)	500 IU 125%	Zinc (as zinc oxide)	11 mg 73%
Vitamin E (as dl-alpha tocopheryl acetate)	50 IU 167%	Selenium (as sodium selenate)	55 mcg 79%
Vitamin K (as phytonadione)	30 mcg 38%	Copper (as cupric sulfate)	0.5 mg 25%
Thiamin (Vitamin B-1) (as thiamine mononitrate)	1.5 mg 100%	Manganese (as manganese sulfate)	2.3 mg 115%
Riboflavin (Vitamin B-2)	1.7 mg 100%	Chromium (as chromium polynicotinate)	45 mcg 38%
Niacin (Vitamin B-3) (as niacinamide)	20 mg 100%	Molybdenum (as sodium molybdate)	45 mcg 60%
Vitamin B-6 (as pyridoxine HCl)	3 mg 150%	Chloride (as potassium chloride)	72 mg 2%
Folate (as folic acid)	400 mcg 100%	Potassium (as potassium chloride)	80 mg 2%
Vitamin B-12 (as cyanocobalamin)	25 mcg 417%	Vanadium (as sodium metavanadate)	10 mcg +
Biotin	30 mcg 10%	Nickel (as nickelous sulfate)	5 mcg +
Pantothenic acid (as d-calcium pantothenate)	10 mg 100%	Silicon (from silicon dioxide)	2 mg +
Calcium (as calcium carbonate, dicalcium phosphate)	220 mg 22%	Boron (as sodium borate)	150 mcg +
Phosphorus (as dicalcium phosphate)	20 mg 2%	Lutein (from mangold flowers)	250 mcg +
		Lycopene	300 mcg +

* Daily Value not established.



OTHER INGREDIENTS: STEARIC ACID, MICROCRYSTALLINE CELLULOSE, AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, VEGETABLE GLYCERIN, TITANIUM DIOXIDE AND BLACK OXIDE), MAGNESIUM STEARATE VEGE GRADE, CROSCARMELLOSE SODIUM, ACACIA GUM, MALTODEXTRIN (FROM CORN), CALCIUM SILICATE, SUCROSE, MODIFIED CORNSTARCH, HYDROXYPROPYL METHYLCELLULOSE, CORNSTARCH, MAGNESIUM CARBONATE, LECITHIN (FROM SOYBEANS), SUCROSE ESTER, SODIUM ASCORBATE, DL-ALPHA TOCOPHEROL, ASCORBYL PALMITATE, MEDIUM CHAIN TRIGLYCERIDES, BHT. **CONTAINS:** FISH (COD POLLOCK, HADDOCK, HAKE, CUSK, REDFISH, SOLE, FLOUNDER) AND SOYBEAN.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.
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Suggested Use: For adults, take one (1) tablet daily, preferably with a meal, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

For your protection, this container has an outer safety seal.
(Do not accept if missing or broken.)

