

Conforms to USP <201> for weight.

No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

Lutemax[™] Lutemax 2020[™] is a trademark of
LUTEMAX & ZEAXANTHIN 2020 OmniActive Health Technologies.

¹In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

²Compared to leading brands.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Please recycle this box.



Dr. Frank J. Costa, M.D.

"As you get older, your nutritional needs change. I recommend Mega Men[®] 50 Plus because it provides the proper balance of vitamins and minerals plus nutrients to support prostate and eye health and memory."

MEGA MEN[®] 50 PLUS

The keys to healthy aging include the appropriate nutritional support. This premium multivitamin includes antioxidants, vitamins and minerals that are essential to addressing the factors of aging.

Memory Health Blend

- Features choline, which serves as a precursor of acetylcholine, one of the neurotransmitters responsible for memory function and phosphatidylserine to help promote a healthy nervous system and support memory function.*

Premium Prostate Blend

- Combines saw palmetto with powerful antioxidants, selenium and lycopene to help support optimal prostate health and healthy urinary flow.*

Healthy Aging

- Includes 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*
- Features lutein and zeaxanthin to support eye health and an advanced free radical protection blend with resveratrol, alpha-lipoic acid and green tea. These ingredients offer protection from excess free radicals that can destroy healthy cells and promote the cell-aging process.*
- Supplies L-arginine, an amino acid shown to help maintain blood vessel tone and play a role in sexual health.*

Timed-release caplets provide a slow gradual release of vital nutrients.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

2X MORE D-3¹

**MEGA
MEN[®]
50 Plus**

Dietary Supplement

**CLINICALLY STUDIED
MULTIVITAMIN[®]**

- With 1,600 IU of vitamin D-3 for colon health and immune support^{1*}
- Supports memory function^{2*}
- Premium prostate formula with saw palmetto, lycopene and selenium
- Fights cell aging with advanced antioxidant blend^{3*}

Timed-Release
60 CAPLETS



CLINICALLY
STUDIED⁴

50 Plus

CODE 177312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size: Two Caplets
Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phylloquinone)	80 mcg 100%
Thiamin (Vitamin B-1) as Thiamin Mononitrate	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Nicotinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	300 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Saw Palmetto Berries Extract (Serenoa repens)	160 mg **
L-Arginine	100 mg **
Healthy Aging Free Radical Protection Blend alpha-Lipoic Acid, Green Tea Leaf Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Blueberry Fruit Powder, Resveratrol	70 mg **
Memory Health Blend Choline (as Choline Bitartrate), Phosphatidylserine	20 mg **
Inositol	10 mg **
Silica (as Silicic Acid)	4 mg **
Boron (as Hydrolyzed Protein Chelate)	2 mg **
Lutemax 2020 [™] Lutein	950 mcg **
Lycopene	950 mcg **
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg **
Astaxanthin	50 mcg **
Vanadium (as Sodium Metavanadate)	10 mcg **

*Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetate, Glycerol, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.