

Amount Per Serving		% DV
MultiEnzyme Blend	100 mg	*
Amylase (contains wheat), Papain, Protease, Bromelain, Lipase		
Carotenoid Blend		
Tomato, Marigold, Palm Oil	75 mg	
Beta Carotene	1830 mcg	*
Lutein	630 mcg	*
Lycopene	360 mcg	*
Alpha Carotene	120 mcg	*
Cryptoxanthin	24 mcg	*
Zeaxanthin	24 mcg	*
Inositol	5 mg	*
Choline Bitartrate	5 mg	*
*Daily Value (DV) not established.		

Other Ingredients: Gelatin, Water, Dibasic Calcium Phosphate, Silica, Acacia, Magnesium Stearate, Maltodextrin, Soybean Oil, Cornstarch.

Manufactured by NATROL, INC., Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765) • www.natrol.com

NO Yeast, Milk, Egg, Artificial Colors or Flavors, Added Sugar or Preservatives

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs. Do not use if you are pregnant or lactating. People with allergies to gluten, shellfish, soy or wheat should consult their healthcare professional before taking this product.

Supplied by Albion Advanced Nutrition. Chelazome® and Chelative® are covered by U.S. Patents: 5,516,925, 5,614,553 and patents pending.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

ITEM: 476 F: 3002161 L: 2004004-7142

LOT/EXP:



FOR THE PRIME GENERATION

NATROL® MY FAVORITE Multiple®

Prime multivitamin

- *Features Glucosamine & Lutein*
- *With Food-Based Ingredients*

DIETARY SUPPLEMENT

120 CAPSULES

Directions: Take 2-6 capsules daily with a meal. Full potency is 6 capsules daily.

Supplement Facts

Serving Size 6 Capsules

Servings Per Container 20

Amount Per Serving	% DV
Vitamin A (from Retinol Palmitate and 65% Beta Carotene (from <i>D. salina</i>))	7,500 IU 150%
Vitamin C (as Calcium Ascorbate)	180 mg 300%
Vitamin D (as Cholecalciferol)	600 IU 150%
Vitamin E (as d-Alpha Tocopheryl Succinate)	120 IU 400%
Thiamin (Vitamin B-1) (as Thiamin HCl)	3 mg 200%
Riboflavin (Vitamin B-2)	3.4 mg 200%
Niacin (as Niacinamide)	40 mg 200%
Vitamin B-6 (as Pyridoxine HCl)	4 mg 200%
Folic Acid	600 mcg 150%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1667%
Biotin	600 mcg 200%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 200%
Calcium (as Calcium: Citrate, Carbonate, Ascorbate)	700 mg 70%
Iodine (from Kelp)	150 mcg 100%
Magnesium (as Magnesium Oxide)	400 mg 100%
Zinc (as Zinc Amino Acid Chelate)	30 mg 200%
Selenium (as Selenium Amino Acid Complex)	140 mcg 200%
Copper (as Copper Amino Acid Chelate)	4 mg 200%
Manganese (as Manganese Gluconate)	4 mg 200%
Chromium (as Chromium Amino Acid Chelate)	120 mcg 100%
Molybdenum (as Molybdenum Amino Acid Chelate)	75 mcg 100%
Boron (as Boron Amino Acid Chelate)	200 mcg *
Supporting Nutrient Prime Blend	580 mg *
Coenzyme Q-10	30 mg *
Glucosamine HCl (crab and shrimp)	500 mg *
Acetyl L-Carnitine	25 mg *
Green Tea Extract (leaf) (50% Polyphenols)	10 mg *
Bilberry Extract (fruit) (25% Anthocyanidins)	15 mg *
UltraGreen® Blend	100 mg *
Alfalfa Juice (leaf), Barley (grass), Spirulina, Parsley (leaf), Spinach (leaf), Peppermint (leaf), Spearmint (leaf)	