SAMe (S-Adenosyl-Methionine) is an amino acid that is produced by the body for positive mood. Diet, aging and other factors may lower SAMe levels. Fortunately Natrol® SAMe helps support beneficial levels of SAMe in the body. SAMe is also beneficial for joint comfort and healthy liver function.†

Directions: Take 2 tablets, one time daily, with a meal.

Supplement Facts Serving Size: 2 Tablets

Servings Per Container: 10

Amount Per Serving

S-Adenosyl-Methionine (SAM-e)

400 mg*

(as S-Adenosyl-Methionine Disulfate Tosylate)

*Daily Value not established

Ingredients: Cellulose. Cellulose Gum. Methacrylate Polymer. Magnesium Stearate. Stearic Acid, Silica, Citric Acid, Ascorbic Acid, Triethyl Citrate, Colored with Riboflavin Titanium Dioxide

> Manufactured for NATROL, INC. Chatsworth, CA 91311

Made in USA • 1 800 2-NATROL (800 262-8765)

NO Milk, Egg. Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Corn, Glutens, Artificial Flavors, Added Sugar, Starch or Preservatives

ese statements have not been evaluated by the Foor d Drug Administration. This product is not intended treat, cure or to diagn



- Helps Support Mood[†]
- SAMe Helps Support Healthy Liver Function[†]
- Promotes Joint Health[†]
- 100% Vegetarian



20 ENTERIC COATED TABLETS **DIETARY SUPPLEMENT** are pregnant