

**Natrol® 5-HTP 50mg Fast Dissolve** delivers natural mood support in a delicious, wild berry flavored tablet. 5-HTP is a drug-free, plant-derived source of an amino acid that naturally increases the body's level of serotonin, the chemical messenger that affects emotions, behavior, appetite and sleep. This fast-dissolve formula delivers unique, rapid dissolve technology. Improve your mood with this delicious, easy-to-use tablet.†

**Consult your healthcare professional** prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years. People with allergies to soy, wheat or corn should consult their healthcare professional before taking this product.

**Storage:** Keep tightly closed in a dry place at room temperature (59-77 degrees F).  
**KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATROL® 5-HTP 50mg

## Fast Dissolve

- Natural Mood Enhancer<sup>†</sup>
- Helps Control Appetite<sup>†</sup>
- 100% Drug Free



Natural Wild Berry  
Flavor & Sweeteners

**30 Tablets**  
**Dietary Supplement**



**Directions:** Take one tablet, up to two times daily, with food. For best results, allow a tablet to dissolve in the mouth before swallowing. No water necessary.

### Supplement Facts

**Serving Size:** 1 Fast Dissolve Tablet  
**Servings Per Container:** 30

| Amount Per Serving          | %DV     |
|-----------------------------|---------|
| 5-HTP (5-Hydroxytryptophan) | 50 mg * |

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, PVP, Natural Mixed Berry Flavor (Strawberry Juice, Raspberry Juice, Blueberry Juice), Beet Root Powder, Silica, Malic Acid, Stearic Acid, Magnesium Stearate, Citric Acid, Maltodextrin, Gum Arabic.

**Contains Wheat, Soybeans**

**NO** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Starch, Artificial Colors, Flavors or Preservatives

**Manufactured by NATROL LLC**  
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LOT/EXP: