Natrol® B-Complex Fast Dissolve offers the benefits of Biotin and other B-complex vitamins. These water-soluble vitamins are the vital co-factors in carbohydrate, fat and protein metabolism, generating energy, Additionally, Biotin is involved in the process that ensures proper functioning of the sweat glands, nerve tissue and bone marrow,

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to wheat, coconut or corn should consult their healthcare professional before taking this product.

> Manufactured by NATROL LLC Chatsworth, CA 91311 • USA 1 800 2-NATROL (800 262-8765) www.natrol.com

Storage: Keep tightly closed in a dry place at room temperature (59-77 Degrees F). KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL **B-Complex**

Fast Dissolve

- Supports Cardiovascular, Nervous and Immune Systems Function[†]
- Promotes Energy and Healthy Metabolism[†]
- Helps Maintain Healthy Skin & Hair[†]



90 Tablets **Dietary Supplement**



Directions: Take 1 tablet in the morning and 2 in the afternoon Allow a tablet to dissolve in the mouth. No water necessary.

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet

	%DV
0.50 mg	33%
0.57 mg	34%
3.33 mg	17%
0.67 mg	34%
10 mcg	167%
333 mcg	111%
1.67 mg	17%
	0.57 mg 3.33 mg 0.67 mg 10 mcg 333 mcg

Daily Values (DV) not established.

Coconut Powder (4:1)

Other Ingredients: Xylitol, Natural Bitter Masking Flavor, Natural Coconut Flavor, Cellulose Gum, Crospovidone, Silica, Magnesium Stearate, Maltodextrin, Dextrose,

Contains Wheat, Tree Nuts (Coconut)

Sovbeans, Yeast, Artificial Colors or Flavors, or Preservatives

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