

Recommendation: For daytime support take 2 tablets daily. For additional nighttime support take 2 tablets before bedtime.

Warning: Consult a healthcare professional before use if you are pregnant, nursing or taking sedatives, tranquilizers or any medications. Avoid alcohol and do not drive or operate machinery while taking this product.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial flavors or preservatives.

©2016 Distributed by Enzymatic Therapy, LLC
(part of Nature's Way Brands, LLC), Green Bay, WI 54311 USA
Questions? 1-800-783-2286 / enzy.com

◆ LE02059.E02 BLK205E



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

ENZYMATIC
THERAPY®

Relax-O-Zyme®

For Occasional Nervous
Tension & Restful Sleep*

Relaxation / Stress Relief*

90 TABLETS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets / Servings per Container 45

Amount Per Serving		% DV
Total Carbohydrate	1 g	<1%†
Dietary Fiber	<1 g	3%†
Vitamin D (as cholecalciferol)	100 IU	25%
Niacin (as niacinamide/niacin)	130 mg	650%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,000%
Calcium (as calcium citrate)	90 mg	9%
Magnesium (as magnesium oxide/gluconate)	105 mg	26%
Zinc (as zinc gluconate)	5 mg	33%
Valerian (root) Extract standardized to 0.8% valerenic acid (1.2 mg)	150 mg	**
Hops (flower) Extract	60 mg	**
Passionflower (aerial parts)	60 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, hypromellose, polydextrose, titanium dioxide color, magnesium stearate, silicon dioxide, maltodextrin, medium chain triglycerides, anise seed, peppermint leaf