

Suggested Usage: Shake well. Take 1/2 dropperful (~ 24 drops) just prior to bedtime. Take directly or add to your favorite beverage.

Caution: For adults only. May cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (especially sedatives, immunosuppressants or anticoagulants), or have a medical condition (including diabetes, auto-immune conditions, depressive disorders, cardiovascular conditions and epilepsy). Contains alcohol. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

CODE 3261 V4



Liquid Melatonin

Healthy Sleep Cycle*

- Free Radical Scavenger*
- 3 mg Per Serving
- Fast Absorption, Great Taste

2 fl. oz. (59 mL)

A Dietary Supplement Vegetarian/Vegan

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1/2 dropperful (approx. 0.9 mL)
(~ 24 drops)

Servings Per Container about 66

Amount Per Serving

Melatonin	3 mg*
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* Daily Value not established.

Other ingredients: Water, Vegetable Glycerin, Fructose, Xylitol, Organic Cane Alcohol (6%), Natural Orange Extract (*Citrus sinensis*), Natural Flavors, Potassium Sorbate (as preservative), Citric Acid, Malic Acid and Natural Lemon Oil (*Citrus limon*).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

