

Recommendation: Take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Do not exceed recommended dose.

Caution: Consult a healthcare professional before using this product if you have a kidney disorder, hypercalcaemia, hypercalcaemia, are taking Coumadin® (warfarin) or any medications, or are pregnant or nursing.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

GLUTEN FREE. No sugar, yeast, dairy products, artificial colors, flavors or preservatives.

†Trademark of its respective company.

◆ LN10501_A02 BLK8768A

BONUS SIZE

EXCLUSIVE

Nature's Way

Alive!

Calcium

Bone Formula

MAX ABSORPTION

180

120 TABLETS • 50% MORE • Dietary Supplement

Supplement Facts			Amount per Serving		
Serving Size 4 Tablets / Servings per Container 45			Jell®, Organic Collard Greens (Jell®, Organic Spinach (Jell®)		
	Amount per Serving	% DV			% DV
Calories	5		Magnesium (as magnesium citrate, calcium, magnesium oxide and from Aquamin®) calcified mineral source Red Algae Lithothamnion sp. (whole plant)	500 mg	125%
Total Carbohydrate	<1 g	<1%	Sodium	35 mg	1%
Dietary Fiber	<1 g	2%	Boron (from Aquamin®) calcified mineral source Red Algae Lithothamnion sp. (whole plant)	7 mg	**
Vitamin C (from Organic Acerola (Jell®), Organic Lycopodium (Jell®), Organic Kiwi (Jell®), Organic Amla (Jell®))	60 mg	100%	Boron (from Aquamin®) calcified mineral source Red Algae Lithothamnion sp. (whole plant)	132 mcg	**
Vitamin D3 (as cholecalciferol)	2,000 IU	500%	†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.		
Vitamin K2 (menaquinone-7) (from Natto (fermented soybean extract))	100 mcg	125%			
Calcium (from Aquamin®) calcified mineral source Red Algae Lithothamnion sp. (whole plant), Organic Kale	1 g	100%			

Other ingredients: cellulose, stearic acid, sodium croscarmellose, citric acid, sodium bicarbonate, hypromellose, silica, glycerin. Contains soy.

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Questions? 1-800-8NATURE / natureray.com

Aquamin® is a registered trademark of Marigot Limited.

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Plant Source Calcium

Alive!™ Calcium is derived from Lithothamnion (calcified red algae seaweed sustainably harvested from pristine ecological waters), kale, spinach and collard greens.



Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive! Calcium provides calcium and trace minerals that may be easier for the body to digest, absorb and utilize.

Fast Dissolving

Alive! Calcium tablets dissolve quickly to help ensure a maximum level of nutrients are available for absorption.

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Promotes Healthy Bones*

Adequate calcium intake throughout life, as part of a well-balanced diet and regular exercise, may reduce the risk of osteoporosis. Alive!™ plant source calcium provides 1,000 mg of calcium per serving (100% DV), vitamin C, vitamin D3, vitamin K2, magnesium and supportive minerals.

MAX Absorption

Vitamin D3 enhances calcium absorption and utilization.*

Bone Density*

Magnesium and vitamin C help maintain bone density.*

Gets to Bones, Not Arteries

Vitamin K2 (MK-7) directs calcium to the bones where it's needed most, and away from arteries.*

Additional Minerals

Strontium and boron assist calcium in promoting healthy bones.*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PLANT SOURCE

CALCIUM

PER SERVING

with Vitamin C • Vitamin D3 • Vitamin K2

Magnesium • Synergistic Minerals

180

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