

**KICK
START YOUR
DIET.
LOSE
WEIGHT!™**

Is your weight stuck on the scale? Could you use some tools to keep you motivated and help you achieve your weight loss goals? Natrol® has designed a cutting edge solution - **Tropical Thin™** Weight Loss Plan - to help you burn fat and lose weight.†

SUPER FOOD BENEFITS

Have you ever wondered if you're getting enough antioxidants? Studies show that adults need more antioxidants to help promote good health. **Tropical Thin™** contains a powerhouse of super foods like green tea, lychee fruit, cinnamon and coffee extract to help boost your body's antioxidant potential to help fight free radicals that are produced as a result of metabolic processes and during exercise.†

What's more, coconut water extract, thyroid and water-balance complex, and a potent blend of digestive enzymes make this an everyday supplement for all-around good health while dieting.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. This product contains as much caffeine as about one cup of coffee. Too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rash/heart burn. Not for use by individuals under the age of 18 years.

WARNING: People with autoimmune thyroid disease, dermatitis, hyperthyroidism, diabetes, such as hypothyroidism, gallbladder/biliary disease and those who take medications such as amiodarone, lithium, medications for high blood pressure, and water pills should not take dietary supplements containing iodine.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. © 2006 Natrol, Inc. All rights reserved. Natrol, Inc. 1500 N. Highway 100, Suite 1000, Fort Lauderdale, FL 33304. **STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.** **Keep out of children's reach. See back for complete directions.**

Intended Health Claim:
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TROPICAL THIN™ WEIGHT LOSS PLAN™

Helps Promote
**FAT
BURNING™**

Raspberry Ketones
African Mango

60 CAPSULES | DIETARY SUPPLEMENT

Directions: Take 1 capsule, twice daily with a meal.

Supplement Facts	
Serving Size: 1 Capsule	
Amount Per Serving	
Chromium from Chromium picolinate	20 mcg 17%
Acetyl L-Carnitine	8 mg 5%
Natrol® Proprietary Blend	
Mega Fat Burner Incubator	237 mg *
Green Tea (Camellia sinensis) Extract (leaf, 50% EGCG, Catechins)	105 mg *
Capacium Infusional (fruit, Black Tea (Camellia sinensis) Extract (leaf), Raspberry Ketones, African Mango (Avicennia tomentosa) extract (bark))	105 mg *
Tropical Super Foods	105 mg *
Cinnamon (Cinnamomum cassia) extract (bark), Coconut (Cocos nucifera) Water extract, Kona Red® Coffee (Coffea arabica) extract (fruit), Lychee (Litchi chinensis) extract (fruit)	73 mg *
Island Calorie Burn Activator	73 mg *
Coffee (Coffea arabica) White Tea Extract (Camellia sinensis) (leaf, 50% caffeine), Kola Nut (Cola acuminata) extract (fruit, 20% caffeine), Green Tea (Camellia sinensis) Extract (leaf, 50% caffeine), Green Coffee (Coffea arabica) extract (beans, 70% caffeine)	60 mg *
Thyroid-Water Balance Complex	7.5 mg *
Licorice (Glycyrrhiza glabra) extract (root), Parsley (Petroselinum crispum) powder (bark)	1.25 mg *
Digestive Enzyme Support	1.25 mg *
Amylease, Pepsinase, Hemicellulase, Cellulase, Lipase, Protease & S. Glucomylase, Phytase, Invertase, Acid Maltase	60 mg *

*Percent Daily Values (% DV) are based on a 2000 calories diet.
†Daily Value not established.

HELPS PROMOTE FAT BURNING!™

Tropical Thin™ Weight Loss Plan is an innovative solution to the age old dilemma of stubborn weight loss. While a healthy reduced calorie diet and exercise regimen is the key to lasting weight loss, powerful ingredients that help promote calorie- and fat-burning, thyroid function, and water balance can help support your weight loss efforts.†

Tropical Thin™ Weight Loss Plan incorporates the benefits of such ingredients as Green Tea extract, Capsaicin, Raspberry Ketones and African Mango to help ignite calorie-burning and help your body burn fat.†

Emerging laboratory research has also found that EGCG works at the genetic level and may help reduce cellular triggers that promote unwanted fat.†

"The amount of weight loss varies by individual and is related to your diet, exercise, daily activities, age and body frame. When following the Natrol Tropical Thin diet and exercise plan, most individuals can expect to lose up to 20 lbs in 10 weeks, which is considered by experts to be a healthy rate of weight loss.

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STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

Individual Results May Vary.

NATROL®

TROPICAL THIN™ WEIGHT LOSS PLAN™

Helps Promote
**FAT
BURNING™**

Raspberry Ketones
African Mango

60 CAPSULES | DIETARY SUPPLEMENT

Directions: Take 1 capsule twice daily with a meal.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving

Chromium from Chromium picolinate 20 mcg 17%
Acetyl L-Carnitine 8 mg 5%

Natrol® Proprietary Blend 624 mg *

Mega Fat Burner Incubator 237 mg *

Green Tea (Camellia sinensis) Extract (leaf, 50% EGCG, Catechins)

Capacium Infusional (fruit, Black Tea (Camellia sinensis) Extract (leaf), Raspberry Ketones, African Mango (Avicennia tomentosa) extract (bark))

Tropical Super Foods 105 mg *

Cinnamon (Cinnamomum cassia) extract (bark), Coconut (Cocos nucifera) Water extract, Kona Red® Coffee (Coffea arabica) extract (fruit), Lychee (Litchi chinensis) extract (fruit)

Island Calorie Burn Activator 73 mg *

Coffee (Coffea arabica) White Tea Extract (Camellia sinensis) (leaf, 50% caffeine), Kola Nut (Cola acuminata) extract (fruit, 20% caffeine), Green Tea (Camellia sinensis) Extract (leaf, 50% caffeine), Green Coffee (Coffea arabica) extract (beans, 70% caffeine)

Thyroid-Water Balance Complex 7.5 mg *

Licorice (Glycyrrhiza glabra) extract (root), Parsley (Petroselinum crispum) powder (bark)

Digestive Enzyme Support 1.25 mg *

Amylease, Pepsinase, Hemicellulase, Cellulase, Lipase, Protease & S. Glucomylase, Phytase, Invertase, Acid Maltase

*Percent Daily Values (% DV) are based on a 2000 calories diet.
†Daily Value not established.

Other Ingredients: Gelatin, Purified Water, Silica, Magnesium Stearate, Rice Powder (White), Maltodextrin, Tricalcium Phosphate, Cellulose, Gum Arabic.

NO Yeast, Egg, Milk, Wheat, Artificial Flavors or Colors, Preservatives

®/TM (NATROL) is a pending registered trademark (currently in publication phase) of Sandtech Investments Trading Co., Inc.

Manufactured by NATROL, Inc., Chatsworth, CA 91311 • USA
1-800-2-NATROL (800-262-4769) • www.natrol.com

Meal & Exercise Plan Included

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60 CAPSULES | DIETARY SUPPLEMENT

Meal & Exercise Plan Included

Helps Promote
**FAT
BURNING!™**

LOSE UP TO
20 LBS
IN 10 WEEKS™

Meal & Exercise Plan Included

Tropical Super Foods
Featuring Coconut, Cinnamon,
Kona Red™, Lychee Fruit,
Raspberry Ketones & African Mango



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