

DIRECTIONS: Take 2 tablets with water 30 minutes before breakfast. Take 1-2 tablets in the afternoon 30 minutes before food.

NO: Yeast, Wheat, Gluten, Egg, Soy, Artificial Colors or Flavors.

*THIS STATEMENT WAS NOT EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

MANUFACTURED BY

Natrol, Inc.
Chatsworth, CA 91311 • U.S.A.
1 800 2-NATROL (800-262-8765)

Minus-10® is a registered trademark of Medical Research Institute.

U.S. PATENT NUMBERS:

6,191,152 (B1); 6,197,349 (B2);
6,572,888 (B2); 7,118,762 (B2)

ITEM: 6142 F: 3002699 L: 2006452-11299



0 47469 06142 5

MINUS-10®

CELLULAR REJUVENATION®

120 TABLETS

DIETARY SUPPLEMENT

4 U.S. Patents

With Clinically Tested Sustained-Release
Alpha Lipoic Acid

SUPPLEMENT FACTS

Serving Size: 2 tablets

Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Biotin	600 mcg	200
Alpha-Lipoic Acid 600 mg	(as thioctic acid)	*

*% Daily Value (DV) not established.

OTHER INGREDIENTS: Cellulose and cellulose derivatives, dicalcium phosphate, stearic acid, magnesium stearate, silica.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, are pregnant or lactating, or are allergic to alpha-lipoic acid or other sulfur-containing compounds. Not intended for use by individuals under the age of 18.

STORE IN A COOL DRY PLACE.
KEEP OUT OF THE REACH OF CHILDREN.

MINUS-10®

CELLULAR REJUVENATION®

**Cell-Rejuvenating
Antioxidant***



0 47469 06142 5

ITEM: 6142 F: 3002699 B: 2007020-12138

MINUS-10®

BEAUTY BEGINS WITHIN

"Beauty Begins Within," isn't just a catch phrase; it's a biological fact. The outward appearance of aging and skin damage actually spreads from "the inside-out." It all begins with the ravaging effects of free radicals. When the cells of the body are "attacked," by free radicals, they begin to die. Dead and damaged cells result in skin that looks and feels "aged." Minus-10 delivers a cell-rejuvenating blast of time-released Alpha-Lipoic Acid. Known as the "Universal Antioxidant," ALA aggressively fights free radicals, which may help cells remain healthy and "biologically," younger, longer.**

MINUS-10®

CELLULAR REJUVENATION®

4 U.S. Patents with
**Clinically Tested Time-Released
Alpha Lipoic Acid**

MINUS-10®

CELLULAR REJUVENATION®

Helps Fight Skin Aging**

**Promotes Collagen Synthesis For
Glowing Radiant Skin****

**Universal Antioxidant Promoting
Younger, More Resilient Skin****

**Healthy Hair And Strong Nail
Support With Biotin†**

120 TABLETS

DIETARY SUPPLEMENT

NATROL

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*Extensive laboratory research suggests ALA may help fight skin aging and promote collagen synthesis while biotin helps nourish skin cell renewal.

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