

Doctor's Choice™ Male Teens

- Complete multivitamin and multimineral
- Specially formulated for the active teen lifestyle

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, yeast, wheat, dairy products, artificial flavors or preservatives.

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ENZYMATIC
THERAPY®

Doctor's Choice™ Male Teens

Multivitamin/Multimineral

120 TABLETS • DIETARY SUPPLEMENT

Recommendation: Take 4 tablets daily. Can be taken as 1 or 2 tablets with each meal.

Caution: If you are taking any medications consult a healthcare professional before use.
Not intended for use by pregnant or nursing women.

Supplement Facts

Serving Size 4 Tablets / Servings Per Container 30

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	1 g	4%†
Vitamin A	17,500 IU	350%
(85% as beta carotene [14,875 IU], 15% as retinyl acetate [2,625 IU])		
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D3 (as cholecalciferol)	100 IU	25%
Vitamin E	200 IU	667%
(as d-alpha tocopheryl succinate)		
Vitamin K1 (as phytonadione)	60 mcg	75%
Thiamin (as thiamin HCl) (Vitamin B1)	30 mg	2,000%
Riboflavin (Vitamin B2)	30 mg	1,765%
Niacin (as niacin, niacinamide)	45 mg	225%
Vitamin B6 (as pyridoxine HCl)	30 mg	1,500%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	300 mcg	100%
Pantothenic Acid	30 mg	300%
(as d-calcium pantothenate)		

Other ingredients: cellulose, modified cellulose gum, modified cellulose, titanium dioxide color, magnesium stearate, soy lecithin, vegetable glycerin, carnauba wax

Contains soy.

Amount Per Serving		% DV
Calcium	400 mg	40%
(as calcium carbonate, citrate)		
Iodine (as potassium iodide)	300 mcg	200%
Magnesium	200 mg	50%
(as magnesium aspartate)		
Zinc (as zinc picolinate)	30 mg	200%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as copper gluconate)	1.5 mg	75%
Manganese (as manganese citrate)	2 mg	100%
Molybdenum (as sodium molybdate)	25 mcg	33%
Sodium	10 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Citrus Bioflavonoids 50% (from fruit)	100 mg	**
Alfalfa Aerial Part Extract	60 mg	**
Ginger Rhizome Extract	60 mg	**
Sarsaparilla Root Extract	60 mg	**
Choline Bitartrate	30 mg	**
Inositol	30 mg	**
Boron (as sodium borate)	2 mg	**
Vanadium (as vanadyl sulfate)	50 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.