

***Natrol 5-HTP 100 mg Fast Dissolve tablets** were found to be **significantly superior** to 5-HTP regular tablets in the rate and extent of absorption in a small-scale randomized, crossover study.

Natrol® 5-HTP 100mg *Fast Dissolve* delivers natural mood support in a delicious, wild berry flavored tablet. 5-HTP is a drug-free, plant-derived source of an amino acid that naturally increases the body's level of serotonin, the chemical messenger that affects emotions, behavior, appetite and sleep.†

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years. People with allergies to soy, wheat or corn should consult their healthcare professional before taking this product.

Storage: Keep tightly closed in a dry place at room temperature (59-77 degrees F). **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 6044.94 F: 3002893 L: 2008004-15084



Wild Berry
Flavor

30 Tablets
Dietary Supplement

NATROL® 5-HTP 100 mg

Fast Dissolve

- Natural Mood Enhancer[†]
- Helps Control Appetite[†]
- 100% Drug Free



Directions: Take one tablet, up to two times daily. For best results, allow a tablet to dissolve in the mouth before swallowing. No water necessary.

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet
Servings Per Container: 30

Amount Per Serving	%DV
5-HTP (5-Hydroxytryptophan) 100 mg [from <i>Griffonia simplicifolia</i> (seed)]	*

*Daily Value (DV) not established.

Other Ingredients: Xylitol, Cellulose Gum, Soy Polysaccharides, Croscovidone, Natural Mixed Berry Flavor (Strawberry Juice, Raspberry Juice, Blueberry Juice), Beet Root Powder, Silica, Malic Acid, Stearic Acid, Magnesium Stearate, Citric Acid, Maltodextrin, Gum Arabic.

Contains Wheat, Soybeans

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA
1-800-2-NATROL (800-262-8765)
www.natrol.com • Made in USA

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Starch, Artificial Colors, Flavors or Preservatives

100% Vegetarian

LOT/EXP: