

Usage Instructions

For Daily Maintenance:

Adults: Take 2 teaspoons (10 mL) daily.

Children: Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) four times daily. **Children:** Take 1 teaspoon (5 mL) four times daily.

If pregnant, nursing or taking any medications, consult a healthcare professional before use.

From Premium Cultivar Elderberries
Kosher Certified • Gluten-Free
No Artificial Preservatives

◆ LN6971.04 BLQ7603

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing. To preserve quality and freshness keep tightly sealed in a cool, dry place.

- Delicious Taste
- For Children & Adults
- Dosage Cup Included



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About Black Elderberry

For centuries the dark berries of European black elder (*Sambucus nigra* L.) have been traditionally used as a winter remedy.



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BLQ7603



ELDERBERRY SYRUP / Dietary Supplement
Net Content 120 mL (4 fl oz)

STANDARDIZED SAMBUCUS ELDERBERRY EXTRACT

Premium Elderberries

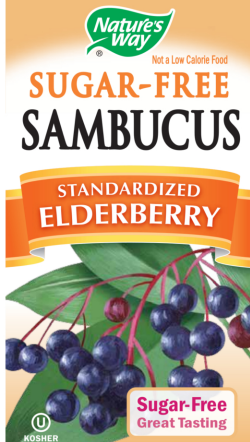
- Made from a unique cultivar of black elderberries with a higher level of naturally-occurring flavonoids

Standardized BioActives

- Full-spectrum black elderberry extract standardized to anthocyanins, which are potent flavonoid BioActives®
- Produced with a gentle, solvent-free extraction method that ensures maximum flavonoid potency

Tested for Bioavailability

- Our elderberry extract has been tested for bioavailability and activity within the body



BIOAVAILABLE EXTRACT
with Flavonoid BioActives®

ELDERBERRY SYRUP / Dietary Supplement
Net Content 120 mL (4 fl oz)

Supplement Facts

Serving Size 2 Teaspoons (10 mL)
Servings per Container 12

Amount per Serving		% DV
Calories	25	
Total Carbohydrate	8 g	3%†
Black Elder (berry)	100 mg	**
Extract standardized to BioActives® from 6.4 g (6,400 mg) of premium cultivar elderberries		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sorbitol, purified water, vegetable-source glycerin, natural raspberry flavor with other natural flavors, citric acid

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



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