

Suggested Usage: Take 1 tablet 1 to 2 times daily, preferably with food.

NOW® Soy-Free Phosphatidyl Serine is a phospholipid compound derived from Non-GMO sunflower lecithin. Phosphatidyl Serine plays an essential role in cell membrane composition and intercellular communication.* It is an especially important structural component of nerve cell membranes, where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 2388B VS



A Dietary Supplement Vegetarian/Vegan



Soy-Free Phosphatidyl Serine 150 mg

Brain Health*

60 Tablets



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (from Calcium Carbonate)	50 mg	4%
Phosphatidyl Serine (from Sunflower Lecithin)	150 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silica, Croscarmellose Sodium, Vegetarian Coating and Ascorbyl Palmitate.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

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Store in a cool, dry place after opening.

