

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.
No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

Lutemax™ Lutemax 2020™ is a trademark of
LUTEMAX ZEAXANTHIN 2020 OmniActive Health Technologies.

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*Compared to leading brands.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information:
1-888-462-2548

ACTUAL SIZE

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Please recycle this box.



Dr. Frank J. Costa, M.D.

Frank J. Costa, M.D., an acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

"When men work out, their bodies need additional nutrients. That's why I recommend Mega Men® Sport. It provides the vitamins, minerals and proprietary sports blend active men need to support physical performance and to stay healthy."

MEGA MEN® SPORT

Appropriate nutrition is essential for achieving optimal health and athletic performance. In fact, the proper nutrition during training is one of the keys to success. Mega Men® Sport is a premium multivitamin for physically active men whose bodies demand more.

Energy and Metabolism Support

- Includes B-vitamins that are involved in energy production and carbohydrate metabolism.*
- Supplies key minerals such as zinc and chromium that are involved in carbohydrate metabolism and glucose utilization.*

Muscle Support and Recovery

- Features a creatine precursor blend to help support the body's natural creatine production.*
- Includes a proprietary sports blend with key amino acids beta-alanine and L-glutamine to support proper muscle function.*
- Provides essential amino acids known as branched chain amino acids (BCAA). BCAA help to preserve muscle glycogen stores and reduce the amount of protein breakdown during intense exercise.*

Joint Cushion Support Blend

- Features a joint cushioning blend that supports healthy joint cartilage. It includes collagen, MSM and hyaluronic acid (HA), an important structural component of body tissues, including the fluids surrounding the joints and collagen.*

Antioxidant Protection

- Includes 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*
- Contains a premium blend of antioxidants including selenium, vitamin C and vitamin E to aid in supporting the body's immunity and lutein with zeaxanthin to support eye health.*

Timed-release caplets provide a gradual release of vital nutrients.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

2X MORE D-3†



**MEGA
MEN®
Sport**

Dietary Supplement

**CLINICALLY STUDIED
MULTIVITAMIN^**

- With 1,600 IU of vitamin D-3 for colon health and immune support*
- Fuels muscles and supports recovery with amino acids*
- Energy and metabolism support*
- Cushions joints with vitamin C, collagen and hyaluronic acid*

**Timed-Release
90 CAPLETS**



**CLINICALLY
STUDIED^**

Sport

CODE 177212

ILG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium D-pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Branched Chain Amino Acid Blend L-Valine, L-Leucine, L-Isoleucine	150 mg *
Creatine Precursor Blend Guandinacetic Acid, Glycine, L-Methionine	100 mg *
Sports Blend Green Tea Leaves Extract (<i>Camellia sinensis</i>), L-Glutamine, L-Taurine, beta-Alanine, L-Carnitine	50 mg *
Joint Cushion Support Blend MSM (Methylsulfonyl-methane), Collagen, Hyaluronic Acid (HA)	50 mg *
alpha-Lipoic Acid	25 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

*Daily Value not established

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.