

Other ingredients: citric acid, cellulose, sodium bicarbonate, modified cellulose gum, stearic acid, silicon dioxide, modified cellulose, soy lecithin, vegetable glycerin, carnauba wax

Contains soy.

Caution: Do not use if pregnant, nursing, have a blood clotting disorder, or are taking blood thinning medication. If you have diabetes, or are taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No sugar, yeast, wheat, dairy products, artificial colors, flavors or preservatives.

†Complexed with citrate, fumarate, malate, succinate, and alpha ketoglutarate.

Suntheanine®, a patented form of L-theanine, is a registered trademark of Taiyo International, Inc.

©2015 Enzymatic Therapy, LLC
(part of Nature's Way Brands, LLC)
Green Bay, WI 54311 USA

Questions? 1-800-783-2286 / enzym.com

LBX05442.A02 BLK544A



AUNT FLO® MENSTRUAL FORMULA* provides a unique blend

- Three Traditional Herbal Blends for menstrual health*
- Key Vitamins: B6, B12 & C
- Key Minerals: Calcium, Magnesium & Zinc
- L-Theanine to support relaxation*



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MENSTRUAL FORMULA*

Traditional Women's
Herbs, Vitamins & Minerals*

20 TABLETS

DIETARY SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Take 1 or 2 tablets daily as needed, or as recommended by a healthcare professional.

Supplement Facts

Serving Size 2 Tablets / Servings per Container 10

Amount per Serving	% DV
Calories	5
Total Carbohydrate	<1 g <1%
Vitamin C (ascorbic acid)	30 mg 50%
Vitamin B6 (as pyridoxine HCl)	0.5 mg 25%
Vitamin B12 (as cyanocobalamin)	7.5 mcg 125%
Calcium (as calcium carbonate)	200 mg 20%
Magnesium (as magnesium glycinate)	50 mg 13%
Zinc (as zinc Krebs cycle complex)†	7.5 mg 50%
Sodium	10 mg <1%
	769 mg **

Traditional Herbal Blend I
calcium carbonate, ashwagandha root extract, and L-Theanine (Suntheanine® brand)

Traditional Herbal Blend II
cramp bark, dong quai root extract, and dill seed extract

Traditional Herbal Blend III
dandelion root extract and barberry root extract

340 mg **

130 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: citric acid, cellulose, sodium bicarbonate, modified cellulose gum, stearic acid, silicon dioxide, modified cellulose, soy lecithin, vegetable glycerin, carnauba wax

Contains soy.

Caution: Do not use if pregnant, nursing, have a blood clotting disorder, or are taking blood thinning medication. If you have diabetes, or are taking any medications, consult a healthcare professional before use.

†Complexed with citrate, fumarate, malate, succinate, and alpha ketoglutarate.

Suntheanine®, a patented form of L-theanine, is a registered trademark of Taiyo International, Inc.

◆ LS05442.A02 BLK544A

©2015 Enzymatic Therapy, LLC
(part of Nature's Way Brands, LLC)
Green Bay, WI 54311 USA

Questions? 1-800-783-2286 / enzym.com



MENSTRUAL FORMULA*

Traditional Women's
Herbs, Vitamins & Minerals*

20 TABLETS

DIETARY SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Take 1 or 2 tablets daily as needed, or as recommended by a healthcare professional.

Supplement Facts Serving Size 2 tablets, Servings: 10, Amount per Serving: Calories 5, Total Carbohydrate <1 g (<1% DV), Vitamin C (ascorbic acid) 30 mg (50% DV), Vitamin B6 (as pyridoxine HCl) 0.5 mg (25% DV), Vitamin B12 (as cyanocobalamin) 7.5 mcg (125% DV), Calcium (as calcium carbonate) 200 mg (20% DV), Magnesium (as magnesium glycinate) 50 mg (13% DV), Zinc (as zinc Krebs cycle complex)† 7.5 mg (50% DV), Sodium 10 mg (<1% DV), Traditional Herbal Blend I calcium carbonate, ashwagandha root extract, and L-Theanine (Suntheanine® brand) 769 mg**, Traditional Herbal Blend II cramp bark, dong quai root extract, and dill seed extract 340 mg**, Traditional Herbal Blend III dandelion root extract and barberry root extract 130 mg**.

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.