

SUGGESTED USAGE: Add 1 level scoop daily to 12-16 oz. of cold water or your favorite beverage and blend. Use in conjunction with a healthy diet and exercise plan.

Fit & Tone™ is a protein supplement that has been formulated to help you sculpt the body you always wanted.* Each serving of Fit & Tone™ provides 25 g high-quality, satisfying Whey Protein Isolate (WPI), which can help you to manage your appetite and attain your optimal body composition when used along with a healthy diet and exercise program.* To further assist you in your weight management efforts and help you maintain healthy glucose metabolism, Fit & Tone™ includes the clinically tested ingredients Super CitriMax® and ChromeMate®.* Chlorogenic Acid from Green Coffee Bean Extract complements these ingredients by further supporting healthy glucose metabolism.* Green Tea Extract rounds out this product by promoting the use of fat for energy production.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

WARNING: Very low calorie protein diets (below 400 Calories per day) may cause serious illness or death. Do Not Use for Weight Reduction in Such Diets Without Medical Supervision. Not for use by infants, children, or pregnant or nursing women. For adults only. Consult physician if taking medications [especially antidepressants such as serotonin reuptake inhibitors (SSRIs), anti-diabetes medications, antihypertensives, or bisphosphonates] or have a medical condition (especially diabetes or hypoglycemia). Keep out of reach of children.

Natural color variation may occur in this product.

EUA # 3007664609
CODE 2204 V3



Fit & Tone™ Protein

Mocha Flavor

Diet Support Formula*

With Whey Protein Isolate, Super CitriMax®,
and Green Coffee Bean Extract

Helps Manage Weight and Appetite*

NET WT. 1.8 LBS. (816 g)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Scoop (37 g) Servings Per Container about 22

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	0.5 g	< 1%*
Cholesterol	< 5 mg	1%
Total Carbohydrate	5 g	2%*
Dietary Fiber	1 g	4%*
Total Sugars	< 1 g	†
Includes 0g Added Sugars		0%*
Protein	25 g	50%*
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	41,667%
Calcium	210 mg	18%
Chromium (from Chrom. Polynicotinate) (ChromeMate®)	200 mcg	571%
Sodium	70 mg	3%
Potassium	300 mg	6%
Super CitriMax® (Garcinia cambogia Extract) (Fruit) [containing 550 mg (-)-Hydroxycitric Acid (HCA)]	1 g (1,000 mg)	†
Green Coffee Bean Extract (Coffea arabica) [min. 50% Chlorogenic Acids (200 mg)] (approx. 8 mg of naturally occurring caffeine)	400 mg	†
Green Tea Extract Phytosome (GreenSelect®) [Green Tea Extract (Camellia sinensis) (Leaf)/Phosphatidyl Choline Complex] [10 mg EGCG (Epigallocatechin Gallate)] (Decaffeinated)	100 mg	†
Guar Gum Powder	1.5 g (1,500 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Microfiltered Whey Protein Isolate, Organic Inulin (FOS) (Fructooligosaccharides), Natural Flavors, Dutch Cocoa Powder and Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides).

Contains milk and soy (non-GMO lecithin).

NOW FOODS, 395 S. Glen Ellyn Rd.
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ChromeMate® and Super CitriMax® are registered trademarks of Intra-Health Nutraceuticals Inc. GreenSelect® is a registered trademark of Indena S.p.A. This product is sold by weight not volume. Store in a cool, dry, dark place after opening.