

Suggested Use

Adults take 2 capsules as needed for occasional use, or as directed by a qualified health care professional.

Notice: Vegetable activated charcoal may interfere with the absorption of drugs. Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before use. **Keep away from children.** Use only as directed on label.

meetyourherbs®

ID#:

BEST BY:

(008) 922-0916 ETUSGAS00PX-8

gaia
HERBS

RapidRelief

Gas & Bloating™

meetyourherbs®

Enter ID # at GaiaHerbs.com

50 CAPSULES DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules	
Servings Per Container 25	
Amount Per Serving	
Vegetable Activated Charcoal	242 mg†
Fennel seed (Foeniculum vulgare)	146 mg†
Fennel seed freeze-dried extract (Foeniculum vulgare)	16 mg †
Proprietary Blend	404 mg†
Cumin seed (Cuminum cyminum), Chamomile flower freeze-dried extract ▲ (Matricaria recutita), Star Anise seed (Illicium verum), Lemon Balm leaf freeze-dried extract ▲ (Melissa officinalis), Caraway seed (Carum carvi), Fennel seed essential oil (Foeniculum vulgare), Peppermint leaf essential oil (Mentha x piperita), Sweet Marjoram leaf essential oil (Origanum majorana)	
†Daily Value not established	

Other ingredients: Capsule (vegetable cellulose) ▲ = Organic ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Manufactured for Gaia Herbs by Aboca S.p.A. - Italy PRODUCT OF ITALY



Best By:

Lot No:

(008) 922-0916

ASUSGAS00PX-C

gaia
HERBS

plant intelligence.
ABOCA S.p.A., ITALY
GAIA VALIDATED PARTNER

Aboca cultivates 2000 acres of certified organic herbs at their farm & manufacturing facility in Tuscany and is a respected European leader in sourcing premium quality, non-regional plants from all over the world.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.

RapidRelief

You can maintain optimum health when you give your body the right support. Gaia Herbs' RapidRelief™ products deliver results fast so you don't interrupt your active life.*

Gas & Bloating™

Gas & Bloating™ works quickly to reduce occasional gas, bloating and feeling of heaviness that can occur after meals.* Natural vegetable activated charcoal and Fennel seed promote the absorption and elimination of gas, while a unique blend of herbs and essential oils helps to support digestive function.*

A partnership of mutual beliefs

Gas & Bloating™ is produced in Tuscany, Italy by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

gaia
HERBS

RapidRelief

Gas & Bloating™

Reduces occasional gas & bloating*

Absorbs & eliminates gas*
With Activated Charcoal & Fennel

Balances digestive system*
Proprietary herbal blend

meetyourherbs®

SEE BACK OF BOX TO LEARN HOW

50 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules	
Servings Per Container 25	
Amount Per Serving	
Vegetable Activated Charcoal	242 mg†
Fennel seed (Foeniculum vulgare)	146 mg†
Fennel seed freeze-dried extract (Foeniculum vulgare)	16 mg †
Proprietary Blend	404 mg†
Cumin seed (Cuminum cyminum), Chamomile flower freeze-dried extract ▲ (Matricaria recutita), Star Anise seed (Illicium verum), Lemon Balm leaf freeze-dried extract ▲ (Melissa officinalis), Caraway seed (Carum carvi), Fennel seed essential oil (Foeniculum vulgare), Peppermint leaf essential oil (Mentha x piperita), Sweet Marjoram leaf essential oil (Origanum majorana)	
†Daily Value not established	

Other ingredients: Capsule (vegetable cellulose)
▲ = Organic ingredient

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fennel