

Natrol® Omega-3 Flax Seed Oil is a natural source of Alpha Linolenic Acid, an omega-3 fat that may help support cardiovascular health. Omega-3 Flax Seed Oil is derived from the seeds of the flax plant and is a natural plant source of essential fatty acids that play a critical role in the health of all cells in the body, as well as help promote healthy skin and hair.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 971 F: 3000052 L: 2004603-8044



NATROL® Omega-3 Flax Seed Oil 1000mg

- Supports Cardiovascular Health[†]
- Vegetable-Source Omega-3

120 SOFTGELS
DIETARY SUPPLEMENT



Directions: Take 1 softgel, two to three times daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%*
Flax Seed Oil (<i>Linum usitatissimum</i>)	1,000 mg **
ALA (Alpha Linolenic Acid)	500 mg **
Linoleic Acid	120 mg **
Oleic Acid	140 mg **

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Water

Manufactured for NATROL, Inc.
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NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

LOT/EXP: