

PLANETARY[®]
HERBALS

TRIPHALA LAXATIVE[™]

FOR OCCASIONAL CONSTIPATION*

690 MG • 60 CAPSULES

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 20

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Proprietary Blend:	2.07 g	†
Chebulic Myrobalan Fruit, Chinese Rhubarb Root Extract, Amla Fruit, and Belleric Myrobalan Fruit, Marshmallow Root Extract, Artichoke Leaf Extract, Ginger Root Extract, Licorice Root Extract, Cyperus Rhizome, and Cascara Sagrada Bark.		
*Percent Daily values (%DV) are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other ingredients: hydroxypropyl methylcellulose (capsule), silica, and magnesium stearate.

Suggested Use: 2 capsules in the morning and 3 capsules in the evening after meals with an 8 ounce glass of water. Do not take for periods longer than two weeks.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing.
Keep out of the reach of children.

TRIPHALA LAXATIVE[™] is a unique combination of the legendary Ayurvedic blend Triphala and key intestinal cleansers of Western herbalism for relief from occasional constipation. Unlike many laxatives, Triphala has been used traditionally to strengthen and tone as it cleanses, which helps to restore normalcy, health and efficiency to bowel function.*

NOTICE: This product contains buckthorn, cascara, and rhubarb. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara, and rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, may become pregnant, nursing, taking medication, or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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P.O. BOX 1760, SOQUEL, CA 95073
www.planetaryherbals.com

