

2X MORE D-3¹

MEGA MEN[®]

Dietary Supplement

CLINICALLY STUDIED
MULTIVITAMIN[^]

- With 1,600 IU of vitamin D-3 for colon health and immune support*
- B-vitamins for energy support*

Timed-Release
28 CAPLETS



CLINICALLY
STUDIED[^]

Mega Men[®]

CODE 177115

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets

Servings Per Container 14

Amount Per Serving	% Daily Value
Vitamin A.....	5000 IU.....100%
(50% as beta-Carotene; 50% as Retinyl Acetate)	
Vitamin C.....	300 mg.....500%
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol D-3).....	1600 IU.....400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate).....	30 IU.....100%
Vitamin K (as Phytonadione).....	80 mcg.....100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	50 mg.....3333%
Riboflavin (Vitamin B-2).....	50 mg.....2941%
Niacin (as Niacinamide & Niacin).....	50 mg.....250%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	50 mg.....2500%
Folic Acid.....	400 mcg.....100%
Vitamin B-12 (as Cyanocobalamin).....	50 mcg.....833%
Biotin.....	300 mcg.....100%
Pantothenic Acid (as Calcium d-Pantothenate).....	50 mg.....500%
Calcium (as Calcium Carbonate).....	200 mg.....20%
Iodine (as Potassium Iodide).....	150 mcg.....100%
Magnesium (as Magnesium Oxide).....	100 mg.....25%
Zinc (as Zinc Oxide).....	25 mg.....167%
Selenium (as L-Selenomethionine).....	200 mcg.....286%
Copper (as Cupric Oxide).....	2 mg.....100%
Manganese (as Manganese Sulfate).....	2 mg.....100%
Chromium (as Hydrolyzed Protein Chelate).....	120 mcg.....100%
Molybdenum (as Sodium Molybdate).....	75 mcg.....100%

Amount Per Serving	% Daily Value
Proprietary Amino Acid Blend.....	100 mg.....*
L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	
Superfoods Fruit and Vegetable Blend.....	105 mg.....*
Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pomace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	
alpha-Lipoic Acid.....	25 mg.....*
Green Tea Leaf Extract (Camellia sinensis).....	40 mg.....*
Choline (as Choline Bitartrate).....	10 mg.....*
Inositol.....	10 mg.....*
Silica (as Silicon Dioxide).....	4 mg.....*
Boron (as Hydrolyzed Protein Chelate).....	2 mg.....*
Lutemax 2020™ Lutein.....	950 mcg.....*
Lycopene.....	950 mcg.....*
Zeaxanthin (as Zeaxanthin Isomers).....	190 mcg.....*
Astaxanthin.....	50 mcg.....*
Vanadium (as Sodium Metavanadate).....	10 mcg.....*

*Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation
Pittsburgh, PA 15222

