

Flax Seed Oil is a rich source of the **Omega-3 Essential Fatty Acid** alpha linolenic acid, which is necessary for a wide variety of biological processes. Natrol's Flax Seed Oil is manufactured without the use of chemical Hexane solvents.†

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



3077

Omega-3

NATROL
Flax Seed Oil

1000 mg

- *Supports Cardiovascular Health†*
- *Vegetable-Source Omega-3*

Directions: Take 1 softgel with a meal. Up to 3 softgels may be taken daily.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Flax Seed Oil	1 g	**
ALA (Alpha Linolenic Acid)	500 mg	**
Linoleic Acid	120 mg	**
Oleic Acid	140 mg	**

*Percent Daily Values are based on a 2,000 calorie diet

**Daily Value (DV) Not Established

Other Ingredients: Gelatin, Glycerin, Purified Water.

Manufactured by NATROL®, INC., Chatsworth, CA 91311
Made in USA

DIETARY SUPPLEMENT
90 SOFTGELS



This Seal certifies that the manufacturer of this product uses quality systems and procedures that comply with NNFA's Dietary Supplement GMP standards. The quality of individual ingredients, however, has not been certified.