

WARNING: The FDA recommends that people who have or have had liver problems and/or liver disease, persons who frequently use alcoholic beverages, or persons who are taking any medication should consult a physician before using supplements containing kava. Stop use and see a physician if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breast-feeding women. Not for use with alcoholic beverages. Excessive use or use with products that cause drowsiness may impair your ability to operate a vehicle or heavy equipment. Kava-containing products should not be taken for more than four weeks without consulting a physician. Do not take more than a total of 300 mg kavalactones per day.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 949 F: 3000318 L: 2004400-8208



NATROL

Kava Kava

200mg

- Naturally Promotes Calm & Relaxation*
- Guaranteed Herbal Extract

30 CAPSULES
DIETARY SUPPLEMENT



Directions: Take 1 capsule, 1-2 times daily, with a meal. Do not exceed recommended dosage. **IMPORTANT!** Read entire label before use.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Kava Kava Extract (Piper methysticum) (root)	200 mg*
Kavalactones 30%	60 mg*

*Daily Value not established.

Other Ingredients: Gelatin, Silica, Maltodextrin, Water, Rice Flour, Magnesium Stearate.

Manufactured by NATROL, Inc.

Chatsworth, CA 91311 • USA

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www.natrol.com

NO Yeast, Wheat, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, or Preservatives

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

LOT/EXP: