

# PLANETARY™

## HERBALS

# ST. JOHN'S WORT EMOTIONAL BALANCE™

**BOTANICAL SUPPORT FOR  
EMOTIONAL WELL-BEING\***

**750 MG • 60 TABLETS**

**HERBAL SUPPLEMENT**  
Formulated by  
**Michael Tierra L.Ac, O.M.D**

*Michael Tierra*

### Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	%DV
Calories	5	
Calcium	248 mg	25%
Sodium	10 mg	<1%
<b>Proprietary Blend:</b>	1.5 g	†
St. John's Wort Aerial Parts Extract (standardized to 0.3% hypericins), Jujube Seed, Bupleurum Root Extract, Tree Peony Root Bark, Bai-Zhu Atractylodes Rhizome, Dong Quai Root, Poria Sclerotium, Lemon Balm Leaf, Cyperus Rhizome, Licorice Root, and Ginger Root.		

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, silica, modified cellulose gum, and magnesium stearate.

**Suggested Use:** 2 tablets twice daily between meals.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Planetary Herbsals **ST. JOHN'S WORT EMOTIONAL BALANCE™** unites a standardized extract of Europe's legendary St. John's wort with the Chinese classic formula Xiao Yao Wan. These herbs have been widely scientifically researched and have a long history of traditional use for supporting a positive and stable emotional state.\*

**WARNING:** Do not use this product while taking any medication, or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before taking this product. Do not use this product with alcoholic beverages.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:  
PLANETARY HERBALS, LLC  
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