

Amount per Serving	% DV
garlic extract, soy isoflavones, w-acetylcysteine, grape seed extract, grape skin extract, alpha lipoic acid, tocotrienols	
L-Arginine (from L-arginine HCl)	153 mg **
L-Carnitine (from L-carnitine L-tartrate)	50 mg **
Coenzyme Q10 (CoQ10) (ubiquinone 10)	25 mg **
Policosanol	7 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, silicon dioxide, sodium croscarmellose, maltodextrin, magnesium stearate, methyl cellulose, glycerine, carnauba wax.

Contains soy.
GLUTEN FREE: No sugar, salt, yeast, wheat, dairy products, artificial colors, flavors or preservatives.

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Green Bay, WI 54311 USA
Questions? 1-800-783-2286 / enzym.com

◆ LS02922.A03 BLK292A

Donna Goodman, MD., F.A.C.C.

HDL ASSIST was formulated by Dr. Goodman.



THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

HDL ASSIST™

Supports Good Cholesterol (HDL) Levels**

120 TABLETS DIETARY SUPPLEMENT

†Already within normal range

Recommendation: Take 2 tablets in the morning and 2 tablets in the evening. **Caution:** Do not use this product if you have a bleeding disorder, are taking blood thinning medication, or are within a week of any surgical procedure. If pregnant, nursing, have a blood clotting disorder, or are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 tablets / Servings per Container 60

Amount per Serving	% DV
Calories	5
Total Carbohydrate	<1 g <1%
Dietary Fiber	<1 g 2%
Vitamin C (ascorbic acid)	148 mg 247%
Vitamin E (as d-alpha tocopherol acetate and mixed tocopherols)	35 IU 117%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	3 mg 150%
Folic Acid	300 mcg 75%
Vitamin B12 (as cyanocobalamin)	20 mcg 333%
Magnesium (from magnesium amino acid chelate)	10 mg 3%
Selenium (as L-selenomethionine)	49 mcg 70%
Proprietary Blend: taurine, hawthorn leaf and flower,	388 mg **



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Heart Matters™ Supplements — A Smart Choice*



In addition to **HDL ASSIST™** consider these other high-quality supplements within the **Heart Matters** line:*

- **BP Manager™** proprietary herbal blend
— Maintains healthy blood pressure levels.*†
- **Artery Advantage™** circulatory support*
— Vitamin K2 from natto helps take calcium from the bloodstream & put it into the bones.*
- **Cholesterol Shield™** phytosterol blend
— Phytosterols and Panthethine help maintain cholesterol levels.*†

Your Heart Matters, and So Do You!

Each of the four products in the Heart Matters suite of supplements focuses on specific health concerns near and dear to the heart.

†Already within normal range

With Good Cholesterol Comes Good Heart Health!*

HDL ASSIST supports healthy:

- High density lipoprotein (HDL) levels*†
- Blood circulation*
- Heart and cellular energy*

Give your heart health a boost with HDL Assist!*

Get acquainted with your good cholesterol.

Donna Goodman, MD., F.A.C.C.

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HEART MATTERS™



HDL ASSIST™

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120 TABLETS

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