

SOURCE NATURALS®

DIETARY SUPPLEMENT

ST. JOHN'S WORT  
450™

STANDARDIZED TO 0.3% HYPERICINS  
SUPPORTS A POSITIVE MENTAL OUTLOOK\*  
450 MG • 45 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	
St. John's Wort Aerial Parts	450 mg†
Standardized Extract 0.3% Yielding 1.35 mg Hypericins	

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, modified cellulose gum, microcrystalline cellulose, stearic acid, silica, and magnesium stearate.

Source Naturals **ST. JOHN'S WORT 450™** is standardized to consistently supply 0.3% hypericins. A daily intake of St. John's wort standardized to 2.7 mg hypericins may support a positive outlook and mood.\* Benefits may be experienced within 4 to 6 weeks of initial use.

**Suggested Use:** 1 tablet twice daily. To obtain the best results, use this product for at least 6 weeks.

**NOTE:** Natural plant variations may affect tablet color.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**WARNING:** Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
© SOURCE NATURALS, INC.  
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REV 1152

