

# PLANETARY®

## HERBALS

TRIAL  
SIZE

# STRESS FREE™

BOTANICAL STRESS RELIEF\*

810 MG • 10 TABLETS

HERBAL SUPPLEMENT

Formulated by  
Michael Tierra L.Ac, O.M.D

*Michael Tierra*

### Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium (as calcium chelate)	6 mg	1%
Magnesium (as magnesium chelate)	9 mg	2%
Sodium	5 mg	<1%

**Proprietary Blend:** 754 mg †  
Jujube Seed, Skullcap Aerial Parts, Hops Strobile,  
Valerian Root Extract, American Ginseng Root Extract,  
Hawthorn Berry Extract, Ginger Root Extract,  
Chamomile Flower Extract, Licorice Root Extract, Black  
Cohosh Root Extract, and Eleuthero Root Extract.

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, micro-crystalline cellulose, stearic acid, acacia gum, modified cellulose gum, and silica.

Contains soy.

Planetary Herbals **STRESS FREE™** is a unique combination of calmatives, nervines and tonifiers. This three-step approach helps to provide internal support against external stresses.\*

**Suggested Use:** 1 tablet three times daily between meals.

**WARNING: DO NOT USE** if you are pregnant, may become pregnant, or breastfeeding.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:

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